

APRIL EVENTS

April

30 Day Fitness Challenge, Monday - Thursday, Noon @ NFN Gym

Starting Monday, April 1st at noon in the NFN Gym, come out & challenge yourself! Every Monday - Thursday for 30 days. Bring gym/comfortable clothing, running shoes, & a water bottle.

For more information, contact Jeff at jeffs@nfn.ca

April & May

Anishnaabe Weshikiniijik Nishin Go - Tuesdays & Thursdays

5:30pm - 8:30pm @ Church Hall, Garden Village

Regalia making & drum social! Come & learn songs on the big drum with Blair Beaucage, every Tuesday & Thursday until May 30th.

For more information & for transportation, contact Joe at 705-753-2050 x 1340

April

Infant Massage Classes - 1 session per week, April 3, 10, 17, 24

10am - 12:30pm @ LCHC

The art of communication through touch. Learning how babies communicate through cues & touch will foster your parenting confidence, allowing you to help your baby relax, ease physical discomforts & secure a bonded & attached relationship for life. For NFN members or those living in the community. Parent, grandparent, caregiver, & baby between 0 - 7 months. Also bring what will be needed during this time. *Limited spaces, register with Misty at 705-753-3312 x 2227*

2, 9, 16, 23, 30

Baby & Me Social Drop-In - Tuesdays, 9am - 12pm @ NFN Kendaaswin (Library)

We discuss topics such as healthy child development & parent/child attachment. Transportation & snacks provided. *For more information & for transportation, contact Katie at 705-753-2050 x 1323 or katiel@nfn.ca*

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Craft Night - Wednesday, April 3, 6pm - 8pm @ NFN Kendaaswin (Library)

Ages 6 - 12. Hosted by Native Child Welfare & NFN Kendaaswin. *For more information, contact Katie at 705-753-2050 x 1323 or katiel@nfn.ca*

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Kids' Social - Sunday, April 7, 1pm - 4pm @ NFN Kendaaswin (Library)

Ages 6 - 12. *For more information, contact Katie at 705-753-2050 x 1323 or katiel@nfn.ca*

10 & 24

Computer Night, Wednesday April 10, 6pm - 8pm @ NFN Kendaaswin (Library)

Ages 6 - 12. *For more information, contact Katie at 705-753-2050 x 1323 or katiel@nfn.ca*

10

Diners' Club - Wednesday, April 10, 11am - 1pm @ NFN Gym

Celebrating our elders with a luncheon every second Wednesday of the month.

For more information, please contact the Lawrence Commanda Health Centre at 705-753-3312

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Welcoming Babies Celebration & Potluck Community Feast - Saturday, April 13, 10am - 12pm @ NFN Gym

Please bring a potluck dish to share & celebrate. A gift will be given to honour the babies born in 2018 who are registered to attend. Traditional teachings & educational displays. Everyone is welcome! *For local transportation, call 705-753-3312 by April 5th*

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Kids' Movie Night, Wednesday April 17, 6pm - 8pm @ NFN Kendaaswin (Library)

Ages 6 - 12. *For more information, contact Katie at 705-753-2050 x 1323 or katiel@nfn.ca*

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Teen Night, Friday April 26, 6pm - 10pm @ NFN Kendaaswin (Library)

Ages 13 - 24. *For more information, contact Katie at 705-753-2050 x 1323 or katiel@nfn.ca*

May 2 & 3

Goods Exchange Days, May 2 & 3 @ all NFN communities

Place unwanted but re-usable items at the roadside after 8am. *For more information, contact Shayla at 705-753-2050 x 1285 or shaylab@nfn.ca*