



# ENKAMGAK

Translation from Anishinaabemwin: *“The Happenings” or “What is Going on?”*

## In This Issue

### UPDATES:

- Administration.....2
- Fisheries.....3
- Reminders.....4
- Natural Resources...5-6
- Gtigewin & Teaching Lodge.....7

### EMPLOYMENT.....8

### EVENTS:

- Youth & Family.....9
- Health & Rec.....10
- Health & Cultural.....11
- Pow Wow.....12

### CULTURE.....13

### HEALTH.....14

### FIRE SERVICES.....15

### ADVERTISING.....16-17

### CALENDAR.....18

**Sign up to receive the newsletter by email!**

Email [genc@nfn.ca](mailto:genc@nfn.ca) to be added to the list.

### Council Meetings:

August 1<sup>st</sup> @ 7:30pm  
*Duchesnay*

Sept. 5<sup>th</sup> @ 7:30pm  
*Garden Village*

Please submit agenda items by 4pm on the Thursday prior to the meeting to Freda Martel at (705) 753-2050 ext. 1223 or email to [fredam@nfn.ca](mailto:fredam@nfn.ca).

## KEB Office Will Call NFN Home

We are pleased to announce that our bid to house the Kinoomaadziwin Education Body within our territory was successful. We will be providing space within one of our existing facilities for three to five staff initially until construction of a dedicated building is completed, which is anticipated for the fall of 2018.

“This is a significant milestone for our nation and for the future of education services across the Anishinabek territory,” said Chief Scott McLeod. “The Kinoomaadziwin Education Body will help First Nations build capacity, deliver services and realize our vision to implement self-determination of education.”

The Kinoomaadziwin Education Body (KEB) was incorporated in January 2011 as a not-for-profit corporation owned and controlled by Anishinabek First Nations. In June 2012, the Grand Council of the Anishinabek Nation directed the KEB Board of Directors to oversee the establishment of the Anishinabek Education System.

Anishinabek First Nations have been working towards the creation of the Anishinabek Education System (AES) for over 20 years. The AES is based on the Anishinabek First Nations’ inherent jurisdiction over education. It’s about First Nation control of First Nation education to ensure reliable funding from the federal government for educational programs and services for First Nations learners at all levels – from elementary to post-secondary, including special needs and adult education.

Under the AES, First Nations will make education laws for schools on reserve, and have full control over how to best allocate education funding. The KEB will act like a school board – it will set up educational policies and guidelines, implement standards for diplomas and certificates, provide services to First Nations schools and handle relations with the provincial schools that Anishinaabe students attend.

The KEB is not intended to direct First Nations, but rather will take direction from First Nations and provide advice and support. The First Nations that join the education system will work together through the KEB to identify and manage their educational priorities and the systems’ governance.



Rendering of Future KEB Building ~ Mitchell Jensen Architects

## Notice to the Membership Smoking Law



The Nipissing First Nation Smoking Law, Law No. 001-2017, was enacted on May 16, 2017 and will be enforced starting May 16, 2018. A copy of the enacted law is available at [www.nfn.ca](http://www.nfn.ca) or by calling the Land Office 705-753-2922.

The following are the highlights of the law regarding smoking and the responsibilities of businesses and work places located on Nipissing First Nation:

1. Purpose - the smoking law was enacted in the interest of promoting health, safety and welfare of all residents and employees of Nipissing First Nation by regulating where smoking can take place or prohibit smoking where it is in the best health interests; (Page 3, Paragraph 1 & 2)
2. Who it applies to - any employer, whether the Nipissing Administration, or privately-owned business; (Page 3, Clause 2.1)
3. Where it applies - place of employment in which an employee works, is used exclusively by employees, and includes vehicles used for business purposes; (Page 4)
4. Listing of public places where smoking is prohibited; (Page 4, Clause 3.1)
5. All employers and persons in charge of public places are responsible for ensuring that "No Smoking" signs are posted where they will be easily seen and clearly visible; (Page 6, Clause 6)
6. The requirements of signs and symbols that are required to be displayed are on Page 6, Clause 8;
7. Exceptions to the Smoking Law are set out on Pages 7 & 8, Clause 9;
8. Appeal Process / Dispute Resolution is set out on Page 8, Clause 13;
9. The applicable fines are set out on Page 13.

If you have any questions about the Smoking Law, please contact:

Cathy McLeod, Assistant Land Manager  
705-753-2922 | [cathym@nfn.ca](mailto:cathym@nfn.ca)

## Administration Building Update

Some of our departments have now moved into the new wing of the Administration Building:

- Economic Development
- Employment & Training
- Facilities & Maintenance
- Housing
- Social Services

### To access the new building:

The main entrance for the new wing is on the west side of the building by the parking lot. You can also enter on the east side near the new outdoor rink.

## Outdoor Rink Update

The new outdoor rink in Garden Village is open for membership day use; however, there will be some ongoing construction, which will at times cause the facility to be closed off to the public for short periods of time.

The Children's Summer Program is using the facility on weekdays from 9am to 3pm until August 17<sup>th</sup>.

Use of the facility is at your own risk - there is no employee on duty and children should always be accompanied by an adult.

## First Nations Hydro Delivery Credit

First Nations residential hydro customers who live on-reserve should see the removal of delivery charges from their monthly bills by August 1<sup>st</sup>. **If you are already registered for the HST exemption, you are automatically eligible and enrolled to receive the First Nation Delivery Credit.**



If you are not registered for the HST exemption, you need to register as soon as possible and can do so as follows:

- Fill out and send Hydro One the [exemption form](#).
- Contact Hydro One's Customer Communications Centre with your Certificate of Indian Status card number at 1-888-664-9376 or send an email to [CustomerCommunications@HydroOne.com](mailto:CustomerCommunications@HydroOne.com)

## Importance of Daily Catch Forms

One of the highlights this year under the NFN Fisheries Law and Regulations includes section 5(a) "All fish taken under a Permit shall be reported to the Nipissing First Nation Natural Resource Department on a Harvest Record (Daily Catch Form)". Daily Catch Forms and compliance checks are an important step when estimating the total harvest for the NFN commercial fishery.

Daily Catch Forms are submitted weekly by Commercial Fishermen at the NFN Natural Resources Department. This is done for the duration of the fishing season. If Daily Catch Forms are not submitted, then Enforcement staff is notified. Once notified they provide a reminder to fishermen to submit their daily catch forms.

Some of the information recorded on Daily Catch Forms include: species, number of fish, and date. Information is then entered into a database and used to calculate an average catch. The average catch also includes non-compliance (i.e. non-reporting) fishing activity.

Non-compliance is determined by monitoring the fishing activity (i.e. # of boats and days) on the lake.

The NFN Fisheries Law and Regulations can be found on [www.nfn.ca](http://www.nfn.ca).

# Commercial Fishery to Close for 2017 Season on August 31<sup>st</sup>

On July 18<sup>th</sup>, Chief and Council announced their decision to close the commercial fishery for the season on August 31<sup>st</sup>. The closure will remain in effect until the end of the spring 2018 moratorium. All gill nets must be lifted by 9:00am on August 31<sup>st</sup>.

Chief and Council mandated the closure in accordance with the *NFN Fisheries Law* based on data presented by the Natural Resources department showing that the upper limits of the safe harvest level will be reached by the end of August.

These limits are set by NFN to ensure we stay within sustainable harvest levels and continue to support the recovery of the walleye population. Harvest data is collected through standardized processes, including catch forms, and is compiled by our staff biologist to help inform Council's decision-making.

The decision to close the commercial fishery for the season is not taken lightly, and demonstrates NFN's commitment to principles of sustainability and the protection of resources. The health of Lake Nipissing and the fishery is of paramount importance to our leadership and community as a whole.

NFN continues to work to ensure a healthy and sustainable fishery for current and future generations while maintaining the practice of our rights in a responsible way.

**Miigwech to the registered fishers who follow the *Fisheries Law* and processes. We appreciate your efforts and respect for the will of the community.**

We are starting to see signs of recovery in the walleye population due to increased compliance with our law. We need to stay the course to continue preserving the resource and protecting the health of the fishery now and for the future.

Our Natural Resources staff will continue to monitor for compliance following the closure of the season. **This closure does not affect the rights our members have to harvest for subsistence purposes.**

Members who plan to fish for subsistence must fish according to our *Fisheries Law* and are asked notify our Fisheries Office ahead of time by calling (705) 753-6991 or visiting the office at 17 Philip Avenue in Garden Village.

Anyone who is reported to be selling fish that was harvested under the pretense of subsistence fishing will be considered to be in non-compliance and subject to our *Fisheries Law*.

For more information, or to report compliance issues, please contact:

Jeff McLeod, Natural Resources Manager  
 Nipissing First Nation  
 (705) 753-2050 ext. 1325  
[jeffm@nfn.ca](mailto:jeffm@nfn.ca)

## Beaucage Park Hours of Operation

Beaucage Park is open for weekend day use until Sunday, September 3<sup>rd</sup>. As with other NFN-owned properties, the park is accessible to Debendaagziwaad (registered members of NFN) and Endaawaad (individuals who live on NFN but are not Debendaagziwaad). All users must be accompanied by a member.

**Park Grounds will be open Friday to Sunday from 9am to 7pm.**

If you are planning a group gathering (i.e. family, traditional, youth gatherings, etc.) we ask that you please call 705-753-6985 to make a reservation.

## Food Bank Hours & Reminders

The Food Bank will be closed on Monday, August 7<sup>th</sup> for the Civic Holiday, and will re-open on Tuesday, August 8<sup>th</sup> from 8:30am to Noon. Regular hours are: Mondays from 1pm - 4:30pm & Fridays from 8:30am to Noon.

**Friendly Reminder:** When donating items to the Food Bank, please make sure all items are in good condition. Clothes, blankets, shoes, coats, etc. should not be stained or having any holes.

**Spring Raffle Winners:** 1st Place - BBQ w/ utensils: Logan Lariviere; 2nd place - Swing, Glasses & Juice Dispenser: James Landrie; and 3rd place - \$100 in gift cards: Brad Bazinet.

## Student Incentives

Incentives for NFN members residing on reserve will be distributed on:

Tuesday, August 15<sup>th</sup> from 9am - 4pm  
Education Office, 70 Semo Rd., Garden Village

Thursday, August 24<sup>th</sup> from 10am - 3pm  
Nbisiing Secondary School, 469 Couchie Memorial Drive, Duchesnay

If you are not able to make it to one of these dates, incentives can be picked up at the Education office starting on August 31<sup>st</sup>.

## NFN Satellite Office Hours Nbisiing School

In order to better serve members located on the east end of NFN, the following departments offer a satellite office at Nbisiing Secondary School.

NFN's Satellite Office is available from **9:00am - 4:00pm** on the following dates (unless otherwise specified):

### ONTARIO WORKS

**Every 2nd Wednesday**

Wednesday, August 9<sup>th</sup>

Wednesday, August 23<sup>rd</sup>

**Appointment Required:**

Call 705-753-2050 to book.

### FINANCE

**Every 3rd Friday**

Friday, August 18<sup>th</sup>

### MEMBERSHIP

**Every 3rd Tuesday**

Tuesday, August 15<sup>th</sup>

**Appointment Required:**

Call 705-753-2922 to book

### HEALTH CENTRE

**Appointment Required:**

Call 705-753-3312 to book.

### CHIEF McLEOD

**Appointment Required:**

Call Mike Sawyer at 705-753-2050

## Treaty Payments - Friday, August 25

**Nbisiing Secondary School**

10:30am - 12:30pm

**Garden Village Administration Office**

2:00pm - 4:30pm

### Reminders:

- Bring your status card and other ID for yourself. You must have ID for children and your spouse
- No third party pickups permitted; third party notes are not accepted

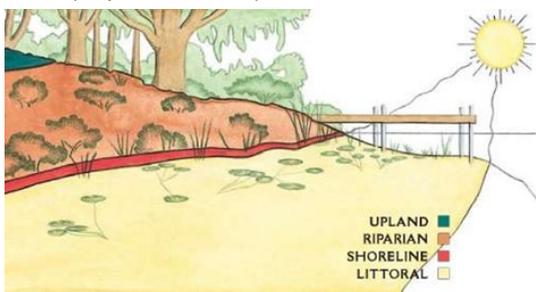


# Shoreline Work Permits

Care should be taken when looking into the possibility carrying out work in or around water or shorelines due to the potential negative effects on the natural environment and potential fish habitats found therein such as spawning sites, migratory routes, etc. Examples of shoreline work include, but are not limited to: installing break walls, boat launches, docks or dredging as well as ditching, filling, and removing aquatic vegetation. If any such work is required or planned, the Natural Resources Department must be notified to prevent the possibility of damage to fish and wildlife habitat.

**Shoreline work is not to be undertaken from April 1 to July 15** in an effort to protect spawning fish habitat and the development of eggs and fry. A permit is mandatory.

The shoreline refers to the transitional zone between land and water. There are components to your lake front: the littoral zone, the shoreline, the riparian zone and the upland zone, which all play an important role in the health of the lake (depicted below).



Section 35(1) under the Fisheries Act states that “No person shall carry out any work, undertaking or activity that results in serious harm to fish that are part of a commercial, recreational or Aboriginal fishery, or to fish that support such a fishery” and prohibits “serious harm to fish” that includes “the death of fish or any permanent alteration to, or destruction of, fish habitat”. Having guidelines and regulations makes a difference to the impact of shorelines.

NFN follows the timing window produced by the Department of Fisheries and Oceans (DFO); therefore, restricting activity around shorelines at certain times of the year (depending on species) protects their habitats. In order for this to work however, we need the cooperation of everyone who enjoys the use of Lake Nipissing and its surrounding shorelines.

Serious harm to fish includes the release of a harmful substance (i.e. silt or sediment) into water containing fish. It can result in serious penalties from not only NFN but from the DFO. Silt that enters the watercourse can have devastating effects on fisheries and spawning sites, especially during the spawning season. Silt causes breathing difficulties in adult fish, smothers fish eggs and dislodges eggs stuck to rocks or vegetation making them easy prey to other fish.

**NFN is not exempt from federal laws and regulations.** Band members must abide by these laws as well as any other persons living on, working with, or making use of the shorelines. The Fisheries Act defines fish habitat as “spawning grounds and any other areas, including nursery, rearing, food supply and migration routes, on which fish depend directly or indirectly in order to carry out their life processes.” Please remember the reason you chose to live along the shore of Lake Nipissing is to appreciate the beauty of the waterfront and the desire to be close to nature. If possible look for a property that matches what you desire in an effort to deter the idea of alterations to shorelines. Don’t expect to change the natural environment; this weakens the habitat fish need to thrive.

Examples of fish habitat are: areas containing dense aquatic vegetation which are important spawning habitat for northern pike; in the spring pike migrate to shallow areas along the shoreline. Grass and sedge are preferred, but other vegetation may be used. Removing material in shallow areas can expose embryos to siltation from wave action and currents. Dense vegetation is important for survival as young pike grow.



## Shoreline Work Permits Continued

Over the years there have been concerns with the health of the walleye population in Lake Nipissing. The loss of walleye habitat and spawning sites in Lake Nipissing is especially detrimental to the health of the populations.

Walleye habitat is present along the north shore of Lake Nipissing, but more specifically areas along Yellek and Duchesnay. Ideal walleye spawning sites consist of clean coarse rock and cobble, interspersed with gravel in relatively shallow depths.



Characteristics of good lake shoals include orientation to the prevailing winds which ensure adequate wind-wave action to keep spawning substrate clean and provide sufficient oxygen to incubating eggs.

**The NFN Natural Resources Department requires that all residents (i.e. members and non-members) apply for a permit when working in or around water within NFN.**

### To Apply for a Shoreline Work Permit:

1. Contact the Natural Resources Department prior to commencing any shoreline activity at 705-753-2050.
2. Complete the application for work permit and application to do work on shore lands of NFN.
3. Make a plan for the work you are proposing to complete fronting your shoreline property. Include sketches/drawing/survey plans. Proof of ownership is also required.
4. Application may require the comments of at least two immediately adjacent neighbours on your proposed work.
5. Approval from the Natural Resources Department. Once approved, all work is to be confined to the area indicated on your application.

A site visit by the Biologist (or staff from the Natural Resources Department) is recommended before approval. This will provide a better understanding of what work is being proposed as well as an opportunity for the applicant to help select the best approaches.

**Contact the Natural Resources Department for more information at (705) 753-2050. Ask for Nikki Commanda, Biologist ext. 1251 ([nikkic@nfn.ca](mailto:nikkic@nfn.ca)) or Jeff McLeod, Natural Resources Manager ext. 1325 ([jeffm@nfn.ca](mailto:jeffm@nfn.ca)).**

## A Visit to Camp Quality

On Thursday, July 13<sup>th</sup>, staff from Nipissing First Nation (NFN), Anishinabek Police Services (APS), Ministry of Natural Resources & Forestry (MNRF) and Ontario Parks attended Camp Quality to take children from the camp fishing.



This was the first year that NFN and APS officers teamed up with MNRF officers to provide the children with a great day of fishing, some new experiences and most of all, laughter!

Camp Quality is a volunteer, non-profit, charitable organization that strives to improve the quality of life for children living with cancer through camps and year-round family support programs. Camp Quality is located along the west shore of Lake Nipissing.

## Community Garden Stands

Check out the dates and locations below to find out when you can pick up fresh free vegetables from the Gtigewin Community Garden!

**Garden stands will be open from Noon - 3pm or until supplies last.**

Please note: dates may change due to weather or crop availability. Check Facebook or contact the Health Centre for updates 705-753-3312.

### Distribution Dates & Locations:

Friday, August 4<sup>th</sup>

*Duchesnay - Nbisiing Secondary School*

Friday, August 25<sup>th</sup>

*Yellek - Playground*

Tuesday, August 29<sup>th</sup>

*GV - Seniors' Complex*

Friday, Sept. 1<sup>st</sup>

*Duchesnay - Nbisiing Secondary School*

Tuesday, Sept. 5<sup>th</sup>

*Yellek - Playground*

Friday, Sept. 8<sup>th</sup>

*GV - Seniors' Complex*

## Here we grow again!

The Gtigewin (Community Garden) in Garden Village is looking beautiful and everything is growing well. Details about distribution dates at community garden stands can be found in the sidebar on the left.

Here are some photos of the garden's progress, and the first harvest of radishes!



## Teaching Lodge Available in Garden Village

The Native Child Welfare Program, with the help of the youth, have assembled a teaching lodge behind the Fisheries Office in Garden Village.

The lodge will be available until the week of August 21<sup>st</sup> for community members to visit. Please be respectful of the lodge and don't climb on the structure.

No pets, drugs or alcohol are permitted.

## Weed Spraying in Garden Village Cancelled

Please be advised that the weed spraying that was scheduled to take place at the beach area between Cockburn Road and the Fire Hall in Garden Village has been cancelled. We are assessing other options to remove poison ivy from these areas.

### Cultural Events Coordinator

Maternity Leave Contract - 2nd round posting

Under the direction of the Culture and Heritage Manager, the Cultural Events Coordinator is responsible for organizing culturally based events within Nipissing First Nation. These responsibilities include producing events and special projects from planning to completion, managing all project delivery elements within time frames, and ensuring that Nipissing First Nation and its mission, programs and services are consistently presented in a strong and positive image.

#### QUALIFICATIONS:

- Must be a registered First Nation member or non-member spouse of a Nipissing First Nation member.
- Must have post-secondary education, preferably in event management or related field
- One to three years of relevant experience preferred
- Must be able to demonstrate a high working knowledge of Microsoft software
- Have a valid driver's license and access to a vehicle

#### REQUIRED SKILLS:

- Strong knowledge of Anishinabek culture
- Able to work flexible hours including evenings and weekends
- Have excellent verbal and written communication skills
- Great listening skills with an open mind for different perspectives and suggestions, strong cultural sensitivity and ability to work effectively with diverse individuals/groups to build positive relationships
- Excellent time management skills and ability to manage multiple projects simultaneously
- Detail-oriented and committed to quality programs
- Demonstrated ability to plan and successfully execute events

#### DUTIES:

- Coordinate cultural teachings and events such as the NFN Pow Wow and Aboriginal Day
- Organize facilities and manage all event details such as catering, entertainment, transportation, location, equipment, guest list, special guests, etc.
- Recruit, motivate, and supervise volunteers; and coordinate their activities
- Assist in procuring event-specific donations or sponsorships, ensure compliance with insurance, legal, health, and safety obligations
- Design and develop event marketing materials, collaborate with staff to promote and publicize events
- Conduct program/event evaluations and report on outcomes
- Act as a Cultural Resource person for monthly Culture Committee meetings
- Other related duties

A current CPIC/Vulnerable Sector Check is required for the successful candidate. Please submit a cover letter and resume with three (3) current references no later than **Friday, August 11, 2017** at 4:30pm to:

Jennifer Lalonde, Human Resources Manager  
36 Semo Road, Garden Village ON P2B 3K2  
Fax: 705-753-0207 | Email: resumes@nfn.ca

**Miigwech to all applicants for their interest; however, only those who qualify for an interview will be contacted.**

## Youth & Family Events



### **ATTENTION NFN YOUTH aged 13-17!!**

2 special youth trips are planned for August 17<sup>th</sup> & 24<sup>th</sup>. To attend these trips, you must participate at the Fundraising Luncheon on August 10<sup>th</sup>



**Wed., August 2 - Movie Night** (ages 12 & under) 6pm - 8pm at the Library  
We will be showing a new release each month! Snacks & Drinks will be served!  
*Co-hosted by the NFN Kendaaswin (Library) and Native Child Welfare Program*

**Thurs., August 3 - Swimming at Joe's Cliff** (ages 13 & up) 11am - 2pm  
Meet at the entrance to Joe's Cliff and bring your towels and swim gear. We will be providing a BBQ lunch (burgers, hot dogs, drinks). Lifeguard will be on duty.  
*Co-hosted by the NFN Kendaaswin (Library), the Native Child Welfare Program and the Recreation Department*

**Thurs., August 10 - Fundraising BBQ Luncheon for NFN Teens**  
From 12pm - 1pm at the Band Office Gym. BBQ Mijjim will be served. Proceeds will go towards surprise future activities for youth aged 13-17! Youth attendance will confirm your registration for these surprise future activities.  
**\$10/plate (burger or sausage, salad, drink & dessert) or \$8 for hot dog plate.**  
*Co-hosted by the NFN Kendaaswin (Library), the Native Child Welfare Program and the Recreation Department*

**Monday, August 14 - Mom & Baby Drop In** 9:30am - 2pm at the Library  
Moms, Dads and Children welcome! *Hosted by the Native Child Welfare Program*

**Wed., August 16 - Wii Game Night** (ages 13 & up) 6pm - 8pm at the Library  
We will be playing Wii Mario Party and other games! Refreshments will be provided.  
*Co-hosted by the NFN Kendaaswin (Library), the Native Child Welfare Program and the Recreation Department*

**Monday, August 21 - Teen Night** (ages 13-17) from 6pm-10pm at the Library  
*Hosted by the Native Child Welfare Program*

**Wed., August 23 - Movie Night** (ages 13 & up) 6pm - 8pm at the Library  
We will be showing a new release each month! Snacks & Drinks will be served!  
*Co-hosted by the NFN Kendaaswin (Library) and Native Child Welfare Program*

**Friday, August 25 - Family Movie Night** 5pm in the Band Office Gym  
Featuring *The Boss Baby*. Doors open at 5pm, Movie starts at 5:30pm.  
Admission is free, however non-perishable items are being collected for the NFN Food Bank. Canteen items will include pizza, hot dogs, snacks & beverages. All children require an adult chaperone. *Hosted by the NFN Food Bank and Native Child Welfare Program*

**Monday, August 28 - Teen Night** (ages 13-17) from 6pm-10pm at the Library  
*Hosted by the Native Child Welfare Program*

**Wed., August 30 - Baseball Night** (ages 6 & up) from 6pm - 7:30pm at the ballfield in Garden Village. Some equipment will be provided. Learn the game and re-visit Nipissing Nation baseball history! Bring your glove and tell your friends!  
*Co-hosted by the NFN Kendaaswin (Library), the Native Child Welfare Program and the Recreation Department*

## Health & Recreation Events

**Thursday, August 3 - Poker Walk for Health** (all ages) from 5pm - 7pm at Nbisiing Secondary School. Dinner, games & door prizes (must be present to win).  
*Funded by Aboriginal Responsible Gambling Strategy*

**Sunday, August 6 - Stand Up Paddling** (ages 16 & up) 2pm - 3pm at the beach behind the Fire Hall in Garden Village. Introductory sessions to learn how to stand up paddle. Participant waiver and equipment will be provided. There is no fee, but you must pre-register by contacting Ashley at 705-753-6971 or [ashleyc@nfn.ca](mailto:ashleyc@nfn.ca).  
*Hosted by the NFN Recreation Department*

**Wed., August 9 - Beginner Box Lacrosse** (ages 6 -18) 6pm - 8pm at the New Outdoor Rink - Home of the "Zhooshkwaaadegamik" (Nipissing Warriors)  
Children aged 6-12 years from 6pm-7pm & Youth aged 13-18 years from 7pm-8pm  
For more information, please contact Ashley at 705-753-6971 or [ashleyc@nfn.ca](mailto:ashleyc@nfn.ca)  
*Hosted by the NFN Recreation Department*

**Monday, August 14 - Poker Walk for Health** (all ages) from 5pm - 7pm at Band Office Gym. Dinner, games & door prizes (must be present to win).  
*Funded by Aboriginal Responsible Gambling Strategy*

**Tuesday, August 15 - Trip to Ripley's Aquarium of Canada**  
Bus will leave Garden Village at 6am and return after 6pm.

CALL 705-753-3312 starting Tuesday, August 1<sup>st</sup> at 8:30am to sign up!

No emails please! We want to ensure we don't miss anyone, so please do not leave a message... keep calling until you are able to speak to a staff member to sign up.

**Priority will be given to young families. Ages 13 & under must be accompanied by a parent/guardian to attend.** *Sponsored by NFN Chief and Council*

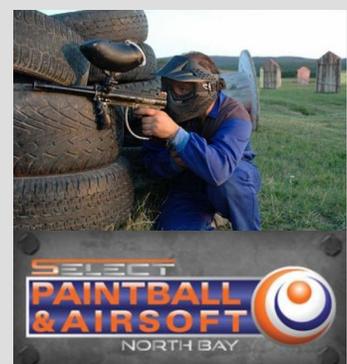
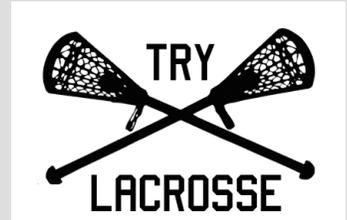
**Sunday, August 20 - Adults vs. Youth Paintball Event** 10am - 2:30pm at Select Paint Ball in North Bay (transportation is available). Limited Spaces: 24  
Adults 18+ and Youth aged 13-17 years. Waiver and Permission Form Required (Under 18: parent/guardian signature needed). \$20 non-refundable deposit.

Recreation will provide bottled water and a lunch for participants. To register, contact Ashley at 705-753-6971 or [ashleyc@nfn.ca](mailto:ashleyc@nfn.ca) before Friday, August 18<sup>th</sup> at 4pm.  
*Hosted by the NFN Recreation Department*

**Tuesday, August 22 - Love your Selfie, A Youth Retreat (13-21 yrs)**  
9am - 3:45pm at Beaucage Park (Transportation will be provided) Limited Spaces.  
CALL 705-753-3312 to register before Monday, August 14<sup>th</sup> at 4pm

Join us to learn about what diabetes is, how it affects our community, and how to prevent it. Activities include: harvesting vegetables from our community garden, cooking over a fire, Ribbon of Life craft and canoeing on the lake.

Morning snacks, lunch and afternoon snacks provided. You could win a \$200 Northgate Gift Card! *Sponsored by NFN Chief and Council*





## Applied Suicide Intervention Skills Training (ASIST) Workshop

**Tuesday, August 15 & Wednesday, August 16** (ages 16 & up)

from 8:30am - 4:30pm in the Band Office Gym. Cost is \$50 and includes lunch and refreshments for both days. Participants must commit for the duration of the training.

Applied Suicide Intervention Skills Training (ASIST) is for everyone—regardless of prior experience—who wants to be able to provide suicide First Aid. The ASIST model teaches effective intervention skills while helping to build suicide prevention networks in the community. Trainers: Maxine Peltier & Cynthia Belfitt

For more information, or to register, please contact Maxine Peltier at 705-753-1375 ext. 1266 or [maxinep@nfn.ca](mailto:maxinep@nfn.ca).



## Cultural Events



**Thursday, August 10 - Drum Social** (all ages) from 6pm - 8pm at Culture Centre Teepee. Wear your regalia and come out to practice for the Pow Wow!

*Hosted by the Culture & Heritage Department*



**Saturday, August 12 & Sunday, August 13 - Men's Regalia Making**

Saturday, August 12<sup>th</sup> from 10am - 2pm at the Culture Centre in Garden Village

Sunday, August 13<sup>th</sup> from 10am - 2pm at Nbisiing Secondary School in Duchesnay

Bring your projects to work on and get help with. This is not a new project workshop.

*Facilitated by Dan Commanda*



**Wednesday, August 23 - Berry Fast Instructions** 6pm at Culture Centre

We invite the young ladies who are ready to begin their one year berry fast, along with their families and supports, to attend. Instructions will be provided and their one year ceremony will begin. *Facilitated by Gookmis Isabel Meawaasige*



**Open Sew/Regalia Making** (all ages) from 5pm - 8pm at the Culture Centre

Tuesday, August 8<sup>th</sup> & Wednesday, August 9<sup>th</sup>

Tuesday, August 22<sup>nd</sup> & Wednesday, August 23<sup>rd</sup>

**Preparing Pow Wow Give Away Items**

Every Thursday in August from 10am - 3pm at the Culture Centre

We are looking for skilled crafters to help make give away items for the Pow Wow.



## MIIGWECH TO OUR VOLUNTEERS!

We wish to express our sincere thanks to the many people who are loyal helpers for the Pow Wow. Miigwech to everyone who has been donating and volunteering with the Pow Wow Fundraising efforts & Monster Bingo dinners.



29TH ANNUAL TRADITIONAL

# POWWOW

*“Water is Life”*

**DATE: SEPTEMBER 2 & 3 2017**  
**LABOUR DAY WEEKEND**

Address: NFN Cultural Lands 23km's West of North Bay on Hwy  
17W Turn South on Jocko Point Road.  
To 2100 Paradise Lane.

Host Drum: Young Creek  
Co-Host: Young Eagle  
Elder: Dan Commanda  
Head Veteran: TBA  
Head Male Dancer: Clifton Mianskum  
Head Female Dancer: Amanda Bellefeuille

11:00am - Registration  
12:00pm - Grand Entry  
7:00am - Sunrise starting Thursday,  
August 31st to Sept 3rd

[www.nfnculture.ca](http://www.nfnculture.ca)

For event info please contact  
event coordinator at [julesa@nfn.ca](mailto:julesa@nfn.ca) or  
705-753-2050 ext.1260

FEATURING:

MISS N.F.N - Friday Night

Annual Rock Your Moc's  
Competition

Traditional Feast priority  
for Drummers, Dancers, & Elders

**VENDORS MUST REGISTER**  
**FREE ADMISSION**  
**EVERYONE IS WELCOME!**  
**ROUGH CAMPING 18+**  
**\*ABSOLUTELY NO DRUGS,**  
**ALCOHOL OR PETS.**



Canadian  
Heritage

Patrimoine  
canadien

## Nbisiing Anishinaabemwin August - Daatkaagmini Giizis (Blackberry Month)

Daatkaagmin Giizis, Semaa nda- pkidnaa mina dbasendis

Giyat gii-kanoondiyaangban mina n'de mooshne  
mkshkawziwin

Gbishkoo giizis

Ngii-kendaan Gzhemnidoo ndawenmid nji- bi-gnoonjgeyaan  
maa nake'ii

Gookmis bgosendam wii – dbasendisyaan Daatkaagminan  
miigwewnan ,nkwedwe pii kinoomaagewnan wii-bzinmang  
kwedwewin maa Mnidoo-kiing ebinjibaamgak.

Nkwedwe ni- shkiishkoon mina tawgan nji-zheskin , nji-  
miingoyaan endwenmaan maa ndi-nenmowin , wiiwyong mina  
mino-mnidoowin. mii dash ji-moseyaan maa Nishnaabe Miikaang  
megwaa Mnidoo Zhichkewin.

Noongom kwedwe ebwewendmowin iw gaa –kidsiwaan .

Pii dash mkeshkaadyaang Miiknaang , ga- chi- piitendis eshi-  
aawyaan.

Baa maa dash minwa,

Gmiigwechiwin

Daatgaagmini Giizis, I offer my tobacco and humble myself.

It has been a long time since we spoke and my heart is filled with  
energy like the moon.

I know the Creator would want me to come and speak this way.

Gookmis, I humble myself to the gifts of the thimbleberry.

I ask in the time of these teachings, to hear the words that come  
that come from the spirit world.

I ask that my eyes and ears be open, to receive what is needed  
to balance my mind, body and spirit so I may walk this  
anishnaabe road in the spirit of Creation.

I ask forgiveness for  
the things I do not  
speak of and the  
things I have  
forgotten.

Until the next time

Miigwech



### WORDS (Kidwinan)

<b>Mkadewaa</b>	black
<b>Gaawbiwnong</b>	west
<b>Giizis ningishmo</b>	sunset
<b>Niigaan</b>	front
<b>Shkwayang</b>	behind
<b>Pime'ii</b>	side
<b>Gija'ii</b>	on top
<b>Naama'ii</b>	under
<b>Biitwa'ii</b>	between/middle
<b>Shpiming</b>	up

### DIALOGUE

<b>Aandi yaad gaazhgens?</b>	<b>Where is the cat?</b>
<b>Niigaan yaa gaazhgens</b>	The cat is in front.
<b>Shkwayaang yaa gaazhgens</b>	The cat is behind.
<b>Pime'ii yaa gaazhgens</b>	The cat is on the side.
<b>Gijiyaa gaazhgens</b>	The cat is on top.
<b>Naama'ii yaa gaazhgens</b>	The cat is under.
<b>Biitwa'ii yaa gaazhgens</b>	The cat is in the middle / between.

### POW WOW VOLUNTEER CALL-OUT

**Here are some of the ways you can help us be great hosts:**

- Make handmade items for the giveaway ceremony. Moccasins, jewelry, skirts, ribbon shirts, bags, beaded items, carvings, etc. you can add your business cards to these.
- Contribute useful items for families and children for the giveaway ceremony, such as items blankets, school supplies, body care products, gift certificates, candles, camping gear, etc.
- Contribute prizes for dance specials (i.e. Rock your Mocs special).
- Cash donations towards costs or prizes
- Wild meat, birds or fish for traditional feast on Saturday.
- **Volunteer** a couple of hours in different areas: garbage collection, grounds set up, grounds clean up, serving at the feast and clean up, hospitality booth, parking, security.



## Changes Coming to Addiction Services in North Bay

Staff of Giyak Moseng – The Right Path Counselling Services recently learned that there will be changes in how addiction services are offered in our area. The North Bay Regional Health Centre will be closing the Withdrawal Management Service (Detox Centre) at 120 King St. W and relocating the 6 beds to the Acute Inpatient Psychiatric Unit at the North Bay Regional Health Centre. This change will be effective August 31, 2017.

At this time, Management staff at the North Bay Regional Health Centre has not provided any information regarding specific changes in services, including how to access services, how the services will be staffed, or how coordination with other community and treatment services will be affected. Further information will be shared with the community as it is made available by the North Bay Regional Health Centre.

Along with the relocation of the withdrawal management services, effective July 31, 2017, North Bay Regional Health Centre is closing the only 24-hour needle exchange service that operated out of the Withdrawal Management Service on King St. Needle Exchange and other harm reduction services will continue to be offered at the Aids Committee of North Bay and Area and the Nipissing Parry Sound District Health Unit between the hours of 8 am to 4pm Monday to Friday.

If you have any questions or concerns, please contact Lisa Lurz, Addictions Counsellor at (705) 753-1375 x2255.

## Diabetes: Warning Signs for Youth

If you are an Indigenous youth and have a family history of diabetes, you may want to consider being tested for diabetes by a doctor or nurse. The sooner you know, the sooner you can take steps to live well with diabetes.

If you experience any one or more of the following warning signs, see a doctor or nurse as soon as possible.



**FREQUENT  
URINATION**



**LACK OF  
ENERGY**



**EXCESSIVE  
THIRST**



**UNEXPLAINED  
WEIGHT LOSS**



**DARK CIRCLE  
AROUND NECK**



**BLURRED  
VISION**

For more information, contact the Lawrence Commanda Diabetes Education and Resource Centre at 705-753-3312.

# GET OUT & STAY OUT

## PLAN YOUR ESCAPE



### WHY DO I NEED AN ESCAPE PLAN?

Homes today burn up to **8x faster** than 50 years ago

**Despite their best efforts**, the fire department may not arrive quickly enough to save you.

You need to know how to react in a fire **BEFORE** it happens.

### PRACTICE MAKES PERFECT

**Practicing** a home fire escape plan so everyone knows what to do will help everyone safely escape a fire as quickly as possible.

**Nipissing First Nation Fire Service**  
36 Semo Road,  
Garden Village ON P2B 3K2  
(705) 753-4319

Office of the Fire Marshal & Emergency Management  
[www.ontario.ca/firemarshal](http://www.ontario.ca/firemarshal)

### If a fire occurred in your home tonight would your family get out safely?

- ❖ Test your **SMOKE ALARMS** by pushing the test button. Smoke alarms should be installed on every storey and outside all sleeping areas.
- ❖ Sit down with everyone in your home and discuss how each person will get out in a fire. **PRACTICE YOUR ESCAPE PLAN** with everyone in the home.
- ❖ **KNOW TWO WAYS OUT OF EACH ROOM**, if possible. Make sure all doors and windows leading outside open easily.
- ❖ **HELP THOSE WHO NEED IT!** Determine who will be responsible for helping young children, older adults, people with disabilities or anyone else who may need assistance.
- ❖ **HAVE A MEETING PLACE OUTSIDE**, a safe distance from your home. In case of fire, everyone should go directly to this meeting place to be accounted for.
- ❖ **CLOSE DOORS** behind you as you leave.
- ❖ **GET OUT, STAY OUT.** When the smoke alarms sound, get out immediately and call 9-1-1 from outside using a cell phone or from a neighbour's home. Never re-enter a burning building.

## Fireworks Safety

To minimize the risk of fire and burn injury, the fire service does not recommend family fireworks or informal neighbourhood displays. If you choose to have a fireworks display, here are some safety tips that should be followed:

- Appoint a responsible person to be in charge. Only adults who are aware of the hazards and safety precautions should handle/discharge fireworks.
- Carefully read and follow the directions on fireworks packaging.
- Always keep a water hose or pail of water close-by.
- Discharge fireworks well away from combustible materials like buildings, trees and dry grass.
- Light only one firework at a time, and only on the ground.
- Never light a firework in your hand or attempt to relight dud fireworks. These should be soaked in water for 30 minutes and disposed of in a metal container.
- Discharge fireworks only if wind conditions do not create a hazard.
- If someone gets burned, run cool water over the wound for 3-5 minutes and seek medical attention if necessary

## Grill safely this barbecue season

With the barbecue season under way across Ontario, **Nipissing First Nation Fire Service** recommends taking a few safety precautions before firing up the grill this summer.

To ensure your barbecue is ready for grilling season, the Technical Standards and Safety Authority recommends making this three-step safety check part of your spring-cleaning routine:

**CLEAN:** use a pipe cleaner or wire to make sure burner ports are free of rust, dust, dirt, spider webs & debris.

**CHECK:** examine the hose leading from the fuel supply to the burners. Replace if cracked or damaged.

**TEST:** find leaks by applying a 50/50 solution of water and dish soap to all fuel and hose connections. If bubbles appear, tighten the connections and/or replace the damaged parts and always re-test.

Remember that barbecues are for outdoor use only. If used in an enclosed space, carbon monoxide (an odourless, colourless, poisonous gas) will gather and reach exposure levels, which can be dangerous and even deadly.

For more information and safety tips about propane barbecues, visit the Technical Standards and Safety Authority website: [safetyinfo.ca](http://safetyinfo.ca) or contact Nipissing First Nation Fire Services at (705) 753-4319.

## Youth Who Excel



Cailen Hanzlik would like to thank all the sponsors and supporters that she has had over the years and those who continue to support her.

Cailen is 15 years old and attends Franco-Cité in Sturgeon Falls. She plays for the Midget AA Ice Boltz in North Bay.

In the past year, she played for the Ice Boltz and also represented NFN at the LNHL helping her team win the A Championships. She was also able to represent Ontario at the NAHC in BC earlier this year for the second year in a row.

This year, Cailen will participate in the OWHA U16 High Performance Program camp. She was selected after attending the Toronto identification camp in May 2017.



This camp is designed to introduce athletes to the High Performance setting. 80 athletes from across Ontario will come together to participate in practices, skills development, game play, as well as fitness testing and seminars to educate players on high performance nutritional, physical and mental skills.

**Thank You Nipissing First Nation for your ongoing support through the Youth Who Excel program.**

## Homes for Sale

### 59 Paradise Lane, Jocko Point

1-1/2-story house with 1,678 sq ft on Jocko Point/Lake Nipissing. 3 bedroom, 2 bathroom home with a 2-stall garage, as well as a sleep camp and gazebo. Asking \$250,000.00 will negotiate.

Contact Wayne B McLeod 705-499-8820 or [wayne\\_mcleod@live.com](mailto:wayne_mcleod@live.com)



### 4 Old Sturgeon Falls Road, Duchesnay

Custom-built raised bungalow with panoramic views of lake Nipissing and great income potential.



Main floor has 2 bedrooms & 2 bathrooms; fully finished basement has 2 bedrooms, 1 bathroom, kitchen, living room and own entrance.

There is also a separate self-contained year-round cabin that can be rented out. Asking \$400,000.00. Listed with Century 21 – contact Dennis Mong at 705-474-4500 to book a showing or for more info.

## Item for Sale by Ojibway Women's Lodge

### Used Cummings ONAN RS 12000 Residential Standby GenSet Generator

- Model # 12GHAB-101A
- Purchased in Year 2000
- Ran for approx. 200 hrs. max.
- Weight approx. 600lbs
- Length 42"; Width 30"; Height 36"
- Propane connections
- Heavy Duty 16 Gauge Aluminum Housing

**Reserved minimum bid of \$3,000.00. Deadline: Friday, August 31, 2017 at 4:30pm.**

**Submit sealed bids to:** Deborah McLeod, 36 Semo Rd, Garden Village, ON P2B 3K2

To view, please contact Suzanne or Julie at 705-472-7828. The successful bidder will be responsible for removing the item at their expense from its current location in Duchesnay.




**George Couchie**  
705-494-6887

286 Nova Beaucage Road  
North Bay, ON P1B 8G5

couchie.george@gmail.com  
www.nativeawarenesstraining.com



**Rob Couchie**  
Owner/Operator

705-477-5347

**Challenger Mobile Wash Inc.**

*All Seasons Wedding Ceremonies*

**Dot Beaucage-Kennedy (Elder)**  
*Wedding Officiant*  
Anniversaries etc..

Nipissing First Nation      Cell: 1-705-493-5577

Email: dotbeaucagekennedy@gmail.com  
www.allseasonsweddings.com  
(1-800-545-3681..by request)



**CAROL COUCHIE** BHSc, RM

P.O. Box 117, 488 Main St.  
Powassan, ON P0H 1Z0

P: (705) 724-BABY (2229)  
F: (705) 724-1487  
E: ktigaaning.midwives@gmail.com

WWW.KTIGAANINGMIDWIVES.COM

## SUPPLIES FOR THE SOUL

791 Couchie Memorial Drive, North Bay, ON P1B 8G5

Phone: 471-0472

Leathers & Rawhides, Beads, Yarns, Fabrics, Fringe, Specialty Bead Threads & Needles

Specializing in Native craft supplies, craft books, patterns, Regalia kits, etc.

Artwork & Jewelry by First Nations Artists

PENDLETON PRODUCTS in stock \* Yellow Hominy Corn / Wild Rice

Please call ahead for store hours. Cash \* Debit \* Visa



# August 2017

## Daatkaagmini Giizis (Blackberry Month)

Sun	Mon	Tue	Wed	Thu	Fri	Sat
<b>HOLIDAY COLLECTION REMINDER:</b>  Recycling & Garbage Collection  Garbage Collection Only		<b>1</b> Council Meeting 7:30pm @ Nbisiing School Duchesnay  <i>Call-ins start for Trip to Ripley's Aquarium on August 15<sup>th</sup></i>	<b>2</b> Movie Night 6-8pm @ Library Ages 12 & under	<b>3</b> Teen Swimming 10am-3pm @ Joe's Cliff. Ages 13+. <u>Lifeguard on duty</u> Poker Walk 5pm @ Nbisiing	<b>4</b> Garden Stand 3pm @ Nbisiing Secondary School	<b>5</b>
<b>6</b> Stand Up Paddling 2pm-3pm at the beach behind GV Fire Hall. Ages 16+	<b>7</b> <b>Offices Closed</b> for Civic Holiday  <i>Garbage &amp; Recycling Collection moved to Tuesday, August 8</i>	<b>8</b> Food Bank Open 8:30am – Noon <u>Regular Hours:</u> Mondays 1-4:30pm Fridays 8:30-noon  Open Sew/Regalia Making – Aug 8 & 9 from 5-8pm @ Culture Centre	<b>9</b> Diners' Club Noon @ Band Office Box Lacrosse 6-8pm GV Outdoor Rink. Ages 6-18.	<b>10</b> Teen Fundraiser BBQ LUNCH Noon @ Band Off. <u>\$10: burger/sausg</u> <u>\$8: hot dog plate</u> Drum Social 6-8pm GV teepee	<b>11</b> <b>Job Posting Deadline</b> Cultural Events Coordinator	<b>12</b> Men's Regalia Making 10am-2pm @ GV Culture Centre  <i>This is not a new project workshop.</i>
<b>13</b> Men's Regalia Making 10am-2pm @ Nbisiing School  <i>This is not a new project workshop</i>	<b>14</b> Mom & Baby 9:30am-2pm at the Library Poker Walk 5pm @ Band Office <b>Deadline to Register for Youth Retreat</b>	<b>15</b> Pick-up Student Incentives 9am – 4pm @ GV Education Office Trip to Ripley's 6am-6pm. Call-in starting Aug. 1 <sup>st</sup> .	<b>16</b> ASIST Training 8:30am-4:30pm on August 15 & 16 @ Band Office Wii Game Night 6-8pm @ Library	<b>17</b> Pow Wow Giveaway Items <u>Every Thursday</u> from 10am – 3pm @ Culture Centre	<b>18</b> Last Day of Summer Children's Program 	<b>19</b>
<b>20</b> Adults vs. Youth Paintball Event 10am-3pm @ Select Paintball Ages 13+ \$20/ea Register: 753-6971 <i>Transportation will be provided</i>	<b>21</b> Teen Night 6-10pm @ Library Ages 13-17	<b>22</b> Love your Selfie <b>Youth Retreat</b> 9am-4pm @ Beaucage Park Ages 13-21. Call to Register: 753-3312 <i>Transp. provided</i>  Open Sew/Regalia: 5-8pm @ Culture Centre	<b>23</b> Movie Night 6-8pm @ Library Ages 13 & up Berry Fast Instructions 6pm @ Culture Ctr	<b>24</b> Pick-up Student Incentives 10am – 3pm @ Nbisiing School Pow Wow Giveaway Items 10am – 3pm @ Culture Centre	<b>25</b> Treaty Pay 10:30am-12:30pm @ Nbisiing 2:00pm – 4:30pm @ Band Office Garden Stand 3pm @ Yellek	<b>26</b> Family Movie Night – Aug. 25 5pm @ Band Off. <b>Feat. Boss Baby</b> <i>Free Admission, please bring food bank donations.</i>
<b>27</b>	<b>28</b> Teen Night 6-10pm @ Library Ages 13-17	<b>29</b> Garden Stand 3pm @ Seniors' Lodge in GV	<b>30</b> Baseball Night 6-7:30pm @ GV Ballfield. Ages 6+ <i>Some equipment provided.</i>	<b>31</b> <b>Commercial Fishery Closure</b> Pow Wow Giveaway Items 10am – 3pm @ Culture Centre	<b>Contact Us</b> 36 Semo Road Garden Village ON P2B 3K2 TEL: 705-753-2050 FAX: 705-753-0207 <a href="http://www.nfn.ca">www.nfn.ca</a>   <a href="mailto:genc@nfn.ca">genc@nfn.ca</a>	

