ENKAMGAK

Translation from Anishinaabemwin: "The Happenings" or "What is Going on?"



Daatkaagmini Giizis (Blackberry Moon)

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Get the newsletter by email! Sign up with genc@nfn.ca.

Council Meetings

Tuesday, August 7th 7pm - Garden Village Inaugural Meeting

Tuesday, September 4th 7pm - Garden Village

Tuesday, September 18th 7pm - Duchesnay

Please submit agenda items by 4pm on the Thursday prior to the meeting to Freda Martel at 705-753-2050 ext. 1223 or by email to <u>fredam@nfn.ca</u>.

Newly Elected Chief & Council 2018-2021

The following are the results of Nipissing First Nation's election, which consisted of an Advance Poll on Saturday, July 7th and Regular Polls on Friday, July 13th, as well as ballots that were mailed in by eligible electors living off-reserve.

A total of 852 valid ballots were cast of 2,267 eligible voters, representing a 38% voter turnout - slightly lower than the 40% turnout in 2015 (which saw 2,091 eligible voters cast 845 ballots).

505

466

437

397

The Electoral Officer's final report is available at www.nfn.ca.

CHIEF:

Scott McLeod	509
Bob Commanda	239
Jeffery Stewart	82

Muriel Sawyer (Deputy Chief)

COUNCIL:

Rick Stevens

Corey Goulais

June Commanda

•	
Brian Couchie	390
Mike Sawyer	385
Jane Commanda	344
Jules Armstrong	332
Jason Laronde	308
William Commanda	240
Rodney Commanda	231
Arthur (Art) Fisher	226
Charles Serré	53

INAUGURAL MEETING

Nbisiing Anishinaabeg
Nipissing First Nation
Gimaa Minwa Giigdo-ninwag
Minwa Giigdo-kwewag
Chief & Council
Wii-ndomgoom nji-bi -zhaayeg
please come join us
Nji-biingebiigwindwaa
in the swearing in and welcoming of our
Gaa-shki-biingejik
newly elected
Gimaa Minwa Giigdo-ninwag
Minwa Giigdo-kwewag
Chief & Council
Aandi pii
on
Niizhgiizhgak, Daatgaagmin Giizis Niizhwaasu
Tuesday, August 7th
Niizhwaaso Dbaganeg Naagshig
<u>7:00 p.m.</u>
Gimaa Giigdogamik Ktigaaning
NFN Community Complex, Garden Village
Megwaashkodaadmin

Meet and greet to follow

Emnikweng Minwa Wiisning

Refreshments & Light lunch

Congratulations to those elected and Miigwech to all candidates who put their names forward to serve Nipissing Nation.

Chi-Miigwech to the Electoral Staff for an outstanding job.

The newly elected Chief & Council take office on August 1, 2018.

Committee Member Call-Out 4 GE

NFN Members Sought for All Committees



Chief and Council are seeking Nipissing First Nation registered members to serve on committees for a period of three years commencing on or around September 2018 and ending in May 2021.

Committee meetings are held once per month and members are paid an honourarium of \$50 for each meeting that they attend. Members must be 18 years of age and over to participate on committees and may participate in a maximum of two (2) committees.

If you are interested in becoming a member of any of our committees, please complete the Committee Application form available at www.nfn.ca, at the Band Office reception desk, or call 705-753-2050 to request a copy by mail, email or fax.

Please submit completed applications no later than Friday, September 14th to:

Freda Martel, Director of Administration Nipissing First Nation 36 Semo Road, Garden Village, ON P2B 3K2 By email to <u>fredam@nfn.ca</u> By fax to 705-753-0207

A complete list of committees is available on the right side of this page, and more detailed descriptions of each committee are provided in the Committee Application form that is available at www.nfn.ca or from the Band Office reception desk.

Your Participation on Committees is Important



Our committees bring the voices of the membership to current issues and priorities, and help provide valuable context to our decision-making process.

Committee recommendations also assist Chief and Council in meeting the Governance Strategic Plan goals of Nipissing First Nation.

Each member of Council brings a wealth of experience and education in their fields of expertise that benefits our nation through their involvement in our committees, as well as their advocacy of Nipissing First Nation through external boards and agencies.

Each member of Council is responsible for managing one more committee portfolios. These portfolios will be assigned at the inaugural meeting of our newly elected Chief and Council on Tuesday, August 7^{th} at 7 p.m. at the NFN Complex in Garden Village.



Our Committees

<u>Anishinaabemwin</u>

Works on opportunities to encourage Anishinaabemwin, provides input into the Language & Culture Strategy and language translations.

Community Development

Addresses community development from a grassroots perspective, including addressing community policy and/or advocacy matters.

Community Wellness

Addresses community policy and/or advocacy matters with regard to community safety, recreation, sport and leisure to enhance community wellness.

Culture & Pow Wow

Assists in the planning and coordination of the annual pow wow, and provides input into cultural plans & initiatives.

Economic Development

Assists with identifying EcDev opportunities and projects for NFN and with reviewing the Business Licensing law.

Education

Reviews education reports and strategies from external agencies (school boards, KEB) and provides input for recruitment strategies at Nbisiing Secondary School.

Health & Social Services

Provides input into Wiidooktaadyang service delivery, child protection and other community health issues.

Housing

Provides input into housing needs and projects on NFN.

Land & Bylaw

Promotes responsible stewardship of our lands, waters and natural resources by drafting land laws and policies.

Natural Resources

Provides input into responsible harvesting of NFN's natural resources, as well as NFN's Fisheries Law & Justice Circles.

NALOXONE AVAILABLE HERE

Community Safety Notice

Sharps found on NFN

We have received reports of needles (sharps) being found in public areas on Nipissing First Nation lands.

These needles/syringes pose a potential public health risk due to the 'puncture' danger, including the risk of illness/ disease from possible blood exposure.

<u>PLEASE REPORT</u> any findings of improperly discarded needles/syringes to:

Lawrence Commanda Health Centre - 58 Semo Road Garden Village 705-753-3312

Public Works Department 45 Semo Road Garden Village 705-753-4167

Where possible, these hazards can be safely removed by:

√ Placing the needle/syringe in a puncture-resistant container (i.e. coffee can, plastic bottle)

√ Not handling the sharps with bare hands – always wear gloves, use tongs, or plastic bags to avoid direct contact

√ Being vigilant for other sharps that may be buried or partially buried in the vicinity

Proper sharps containers are available from the Lawrence Commanda Health Centre on a "no questions asked" basis. Keeping Nipissing First Nation lands safe for all residents is everyone's responsibility. Please keep an eye out for sharps and other hazards in our public areas.

Upcoming information & training sessions about sharps and Naloxone are listed mid-page.

Community Information & Training Sessions Disposing of Sharps & Using Naloxone

Come learn with us about needles (sharps), and how to recognize an overdose and use naloxone to reverse it. Naloxone is a spray that can temporarily reverse an opioid overdose.

Brief agenda:

4:30 p.m. - 5:00 p.m. - Registration

5:15 p.m. - Introduction

5:30 p.m. - Dinner

5:45 p.m. - 6:00 p.m. - Sharps Presentation

6:00 p.m. - 6:20 p.m. - Naloxone Information Training

6:20 p.m. - 6:30 p.m. - Questions & Answers and Naloxone Kits

Please call The Right Path to Register: 705-753-1375

Dinner will be provided and seating is limited.

Monday, August 13th

5:00 p.m. to 6:30 p.m. NFN Complex Gym Garden Village

Wednesday, August 15th

5:00 p.m. to 6:30 p.m. Nbisiing Secondary School Gym Duchesnay

Members Needed for Niwiidooktadmin

Community Critical Incident Response Team

- ◆ Are you interested in giving back to your community?
- Is helping friends or community members something you enjoy doing?
- Would you like to learn new skills & knowledge about how to help in times of crisis?
- ♦ Is promoting wellness in NFN a passion of yours?
- If you said yes to any or all of the above, then this call out is for you!

Under the direction of Nipissing First Nation Health Services, The Right Path is recruiting new members for Niwiidooktadmin, NFN's Community Critical Incident Response Team!

You do not require any special skills or abilities except a genuine interest in helping!

We welcome anyone who can provide emotional, cultural, spiritual and practical support. Once interested individuals have been identified, they will be contacted for upcoming training sessions.

If you are interested, please contact our office to complete a short application form. We are also inviting all past members of the team to contact our office as we are refreshing the team and would like to update contact information and your interest.

For more information, please contact Dr. Brenda Restoule at 705-753-1375 ext. 2242 or by email to drbrenda@nfn.ca.

Report to the Membership



Payments in Lieu of Taxation and Land Rental

Chief and Council, along with the Land Department, would like to take this opportunity to report to the membership that Nipissing Nation will receive the amount of \$313,164.75 from Hydro One Networks Inc. (HONI) for its transmission occupation that impacts a total of 26.750 acres or 10.820 ha of land in Commanda Township, currently having Nipissing Reserve Land status.

The payment of \$313,164.75 will be delivered by HONI representatives by the end of July 2018, and represents the following:



- One-Time Retroactive Payment in Lieu of Taxes for 17 years (2000-2017) of \$280,400.00
- One-Time Retroactive Land Rental Payment for 25 years (1993-2017) of \$15,650.00.
- Payment for the 2018 Land Rental Payment of \$625.00
- Payment for the 2018 Payment in Lieu of Taxation of \$16,489.75

A Memorandum of Understanding signed between Nipissing Nation and Hydro One Networks Inc. is the Parties' commitment and agreement:

- (i) to the release and relinquishment of the Original Transmission Grants and the Original Distribution Grant by OEFC; and
- (ii) by Nipissing First Nation and Hydro One to enter into a License Agreement for the Transmission Works and Distribution Blanket License Agreement with respect to Distribution Works and Hydro One's continued use and occupation of the Reserve for the Transmission Purpose and the Distribution Purpose.

Background

When talks with Ontario Hydro started in 1992, Nipissing was told we could not receive Payments in Lieu of taxes until the land in Commanda and Beaucage were given Nipissing Reserve Status.

There are two parcels that hold reserve status since 1968 and in 2013 HONI approached Nipissing to develop agreements for payment for these two parcels.

The contents of this agreement will be utilized for the remaining acres of HONI occupation which currently are within unsold surrendered lands, once the lands receive Reserve status. These lands are being returned under the Specific Agreement signed in 1995 and in progress to completion.

Should you wish to discuss this agreement or the Specific Agreement process, please feel free to come by the Land office or call us at 705-753-2922 for more information.

Ontario Juror Questionnaire

Every year, the Ministry of the Attorney General sends out juror questionnaires to people across the province. This year's questionnaires are about to be mailed and about 1 in 12 people living in Ontario will get one.

People who fill out a juror questionnaire could be included on a list of potential jurors called a jury roll. This is the first step towards possibly being called for jury duty sometime in the following year.

People who sit on a jury share their wisdom and experience to benefit other jury members and the community. Every courthouse needs jurors for criminal trials, civil trials, and coroner's inquests.

THE PROBLEM

There are not enough First Nations people on Ontario's jury rolls.

In some places, judges have decided that a trial would not be fair because there were not enough First Nations people on the jury roll. In those cases, the trial or inquest could not go ahead and everyone involved was denied peaceful closure.

Ontario Juries need First Nations representation.

The Ministry is asking all First Nations people who receive a questionnaire to fill it out and return it as soon as possible.

Out & About

Both programs began on May 22nd and have been busy working on areas throughout NFN.

Joe's Cliff



O'Jeek Beach



National Indigenous
Day & All Ontario
Chiefs Conference
Preparations



Beautification & Lawn Care Program Updates Community Clean-Up

Beach clean-up has been a priority since day one for the Beautification Crew with regular clean-up of beach areas including cutting and trimming grass and brush.

Preparing our Venues

During the months of May and June, the Beautification Crew was very busy preparing for National Indigenous Peoples Day celebrations on June 21st and the All Ontario Chiefs Conference from June 26th to 28th. Both events were hosted in Garden Village.

Our crews worked diligently to ensure that all venues and outdoor spaces were clean, safe and suitable for hosting these important events. Beautification work included:

- Preparing the land for the new Teaching Lodge behind the Band Office by laying down sod, maintaining the sod's growth and helping to raise the lodge;
- Levelling out the ground around the Sportsplex/Outdoor Rink to prepare areas for equipment and parking, and to enhance the safety and accessibility of these areas;
- Making the rink accessible by removing rink boards around entrances and installing ramps into the rink and change rooms;
- Removing rink board to accommodate new electrical wiring and WiFi connections;
- Hanging the new Warriors hockey banners inside the rink for display;
- Coordinating with various departments regarding pick-up of equipment and supplies from multiple venues, including Public Works, Nbisiing Secondary School, Beaucage Park, NFN Pow Wow grounds and the Sturgeon Falls Complex;
- Setting up tables, tents, chairs and equipment in the Sportsplex/Outdoor Rink as required by various departments, guests and contractors;
- Working with local businesses to help unload supplies and materials when delivered;
- Building additional picnic tables to accommodate guests at these events.

Seniors' Lawn Care Program

While the Beautification Crew was preparing for these events, the Seniors' Lawn Care crew continued working actively to ensure that our seniors' lawn care needs were met.

The Lawn Care crew also eagerly assisted all departments as requested during the National Indigenous Peoples Day celebrations and All Ontario Chiefs Conference by pitching in as parking attendants, supporting maintenance staff with garbage and recycling collection, as well as washroom upkeep, replenishing water stations and assisting as needed.

For more information, please contact:

Garry Leblanc, Beautification Program Supervisor **Samantha Fryer**, Senior Lawn Care Supervisor **705-753-2050 ext. 1262**



Gtigewin Community Garden Stands

Schedule for Summer 2018

Check out the dates and locations below to find out when you can pick up *free fresh* vegetables from the Gtigewin Community Garden in Ktigaaning (Garden Village).

Stands will be open from Noon to 3pm - or until supplies last!



Friday, August 3rd – **Duchesnay** Nbisiing Secondary School

Tuesday, August 21st – **Yellek** Playground

Tuesday, August 28th – Garden Village Seniors' Complex

Friday, August 31st – Duchesnay Nbisiing Secondary School

Tuesday, September 4th – **Yellek** Playground

Friday, September 7th – **Garden Village** Seniors' Complex



Check Facebook (<u>Nipissing First Nation Health & Recreation</u>) or contact the Lawrence Commanda Health Centre for updates: 705-753-3312.









Sweetgrass Harvesting

Part 2 of Teaching Series

Elder Perry McLeod-Shabogesic will lead the group in a teaching about how to sustainably harvest sweetgrass. Light lunch provided.

Aandi Pii: Giizhig Daatkaminaag Giizis, Niizhwaaswi

When/Date: Tuesday, August 7th

Aandi Maa: Nbisiing Anishinaabeg Gaabinaadziwig Gamig, Ktigaaning

Where: NFN Culture Centre, Garden Village

Dibagane: Mtaaso dibagane Ningo dibagane

Time: 10:00 a.m. to 1:00 p.m.

Please register with Mindy Martel, Indigenous Culture Fund Project Coordinator, by calling 705-753-2050 ext. 1260 or by email to mindy.lariviere.martel@nfn.ca.

Proudly supported by Nipissing First Nation and the Ontario Arts Council.





Extreme Fire Hazard for NFN & Area

As of July 25th, NFN and surrounding areas remain under a total fire ban and are in a restricted fire zone as issued by the Ministry of Natural Resources & Forestry (MNRF).

Click or tap to view the Interactive Forest
Fire Info Map. This map shows the new and active fires in our area as well as the restricted fire zone.



Please refrain from all open air burning until the ban is lifted.

A reminder to use extreme caution when butting out cigarettes, and also when using All Terrain Vehicles (ATVs) in the bush or along roadways.

Beaucage Park Open for Day Use

Open Fridays, Saturdays & Sundays from 9 a.m. to 9 p.m.

Beaucage Park is now open for <u>day use</u> from 9:00 a.m. to 9:00 p.m. on <u>Fridays, Saturdays & Sundays</u> until Sunday, September 2nd. Please note that the park will be closed for the Civic Holiday on Monday, August 6th.

Rules of Use

As with other NFN-owned properties, Beaucage Park is accessible to Debendaagziwaad (registered NFN members) and Endaawaad (individuals who live on NFN but who are not Debendaagziwaad). All users must be accompanied by Debendaagziwaad.

To ensure that all users can enjoy the beauty of the park, we ask everyone to respect the land and fellow park users by keeping noise to a reasonable level and showing respect for the land and each other.

As keepers of the land, we have a responsibility to respect our lands and to protect our natural resources. We ask that all users follow the "Rules of Use" for Beaucage Park:

- No overnight camping or overnight docking of boats at the launch
- Drugs and alcohol are prohibited at all times
- Excessive noise will not be tolerated at any time
- Parks users are responsible for the supervision of children in their care
- Use of the Park areas are at own risk there are no lifequards on duty
- Proper safety equipment (lifejackets) should be utilized at all times
- Cooking and campfires shall be permitted in designated fire pit areas only
- All garbage is to be placed in bags, removed from the site and disposed of by the user
- The site and portable washroom facilities must be kept in a neat manner at all times
- Pets shall be confined to the site limits, unless the owner is walking the pet on a leash
- ATVs, mini bikes, scooters or golf carts are strictly prohibited

Failure to follow the above rules will result in loss of privileges

Groups, Reservations & Contacts

The Park may not be monitored at all times, so to ensure all users have equal access to the Park, we ask you to please call in advance to make a reservation if you are planning a group gathering (family, traditional, youth gatherings, etc.)

To make a reservation, or if you have any questions or concerns, please contact:

Thomas Lambert, Employment & Training Manager / Economic Development Officer

Office: 705-753-6985 Cell: 705-477-4776 Email: <u>thomasl@nfn.ca</u>

Beaucage Park Maintenance staff can be reached at 705-476-1234.

New Strategic Course for KEB Directors

Posted in the Anishinabek News on July 12th - By Andrea Crawford

The Kinoomaadziwin Education Body's (KEB) Board of Directors met on May 24 and 25 in North Bay for its annual retreat. Elder John Sawyer attended the gathering and provided traditional services and guidance to participants over the two days. In his opening remarks, Sawyer spoke about the many educators and champions who have given their time and efforts to the establishment of the Anishinabek Education System (AES). He connected their successes in the past to the organization's successes in the future and asked the board members to always be mindful of the history that belongs to the system.

"Our way of learning is not new," said Sawyer. "We have been educators since our people were first put here, and now we are trying to put back into place many things that were taken away."

As part of the retreat, the 12-member Board of Directors reviewed its terms of reference, director roles and responsibilities, and the organization's corporate by-law.

Legal counsel Tracey O'Donnell brought attention to the importance of board members acknowledging their responsibility as directors for the whole of the system, which includes 23 Participating First Nations (PFNs).

Among their roles as directors, the board members have an important obligation to ensure the adherence of the KEB's corporate by-law, the administration of funding allocations, and the development and implementation of the organization's policies and strategic direction.

To set the direction of the KEB for the next year, the directors developed a new vision and mission statement, as well as new strategic objectives that will guide a comprehensive strategic plan.

New Vision - Anishinaabe Aadzwin

A holistic learning path using Anishinaabe ways of knowing, celebrating a bright future for our people. Anishinaabe Bimaadzwin.

The vision was identified through various group reflections and discussions, which led participants to think critically about what the KEB will strive to accomplish over the coming years. These identified objectives form the foundation of a strategic plan, which will be shared with the PFNs in July 2018.

In addition to hosting the board of directors' retreat, the KEB held its Annual General Membership meeting on June 5, at the Valhalla Inn, in Thunder Bay. The membership heard the financial statements of the organization, as well as updates on staffing, communications, work plans and the progress of the head office location in Nipissing First Nation.

A grand opening event will be scheduled in October 2018, to mark the launch of the Anishinabek Education System and to celebrate the opening of the KEB's new head office. A full report on the KEB's Annual General Membership meeting will be provided to all PFNs in July 2018.



Lauri Hoeg, member of Chippewas of Georgina Island and member of the Kinoomaadziwin Education Body Board of Directors, participates at the KEB retreat on May 25, 2018, in North Bay, ON.

Education Reminders for NFN Students

Back to School Sessions Student incentives for NFN members living on-reserve will be distributed on:

Tuesday, August 14th 10 a.m. to 2 p.m. Nbisiing Secondary School

Wednesday, August 15th 10 a.m. to 2 p.m. Education Office in GV

Parents/guardians are required to return the "Authorization for Release of Information" form so that schools can forward copies of report cards to our office.

Please ensure your contact information is up to date. If you aren't on our list, please contact Tracy at 705-753-6995.

Contact Us

Nipissing First Nation

36 Semo Road Garden Village ON P2B 3K2 (705) 753-2050 www.nfn.ca | genc@nfn.ca

Career & Contract Opportunities with NFN

Watch our Website & Facebook Pages for Current Postings

The following employment opportunities are currently available with Nipissing First Nation. The deadline for applications for each posting is specified below. To view complete job postings, please visit www.nfn.ca and click on the *Jobs* tab, come in or call the office at 705-753-2050 to request a copy by mail or email.

PERMANENT POSITIONS:

Early Childhood Development Worker (1st Round)

Permanent Full-Time Position with Benefits Apply by Friday, August 3rd at 4:30 p.m.

Vice-Principal - Nbisiing Secondary School (1st Round)

Permanent Full-Time Position with Benefits Apply by Friday, August 3rd at 4:30 p.m.

CONTRACT POSITIONS:

Anishinaabemwin Teachers - 2 Positions

Contract to June 30, 2019
Apply by Friday, August 3rd at 4:30 p.m.

Bi-Gzhaadge-Binoonjiiyak (Integrated Children's Program) - 3 Positions

Contract to June 30, 2019

Apply by Friday, August 3rd at 4:30 p.m.

Outreach Peer Worker - True Self Debwewendizwin Employment & Training

One Year Contract with Possibility of Extension

Apply by Friday, August 3rd at 4:30 p.m.

Qualified individuals are invited to submit a letter of interest and resume with three (3) current references no later than 4:30 p.m. on the deadline date specified above to:

Jennifer Lalonde, Human Resources Manager Nipissing First Nation 36 Semo Road, Garden Village, ON P2B 3K2 Fax (705) 753-0207 | Email: resumes@nfn.ca

Miigwech to all applicants for their interest; however, only those who qualify for an interview will be contacted.

Nipissing First Nation gives preference to First Nation applicants for any employment opportunities as per Section 24(1)(a) OHRC.

INFORMATION ABOUT POSTING ROUNDS:

- 1st Round Open to all Registered Nipissing First Nation members
- 2nd Round Open to spouses of Registered Nipissing First Nation members, and persons registered with other First Nations.
- 3rd Round Open to all applicants (status and non-status)

Registered NFN members are encouraged to apply to all rounds of employment postings.

www.nfn.ca



Did you Know?

Job posting titles are clickable and will direct you to the posting on our website.

9

Nbisiing Anishinaabemwin August - Daatkaagmini Giizis (Blackberry Month)

Daatkaagmin Giizis, Semaa nda-pkidnaa mina dbasendis

Giyat gii-kanoondiyaangban mina n'de mooshne mkshkawziiwin Gbishkoo giizis

Ngii-kendaan Gzhemnidoo ndawenmid nji- bi-gnoonjgeyaan maa nake'ii

Gookmis bgosendam wii – dbasendisyaan Daatkaagminan miigwewnan ,nkwedwe pii kinoomaagewnan wii-bzinmang kwedwewin maa Mnidoo-kiing ebinjibaamgak.

Nkwedwe ni- shkiishkoon mina tawgan nji-zheskin, nji-miingoyaan endwenmaan maa ndi-nenmowin, wiiwyong mina mino-mnidoowin. mii dash ji-moseyaan maa Nishnaabe Miikaang megwaa Mnidoo Zhichkewin.

Noongom kwedwe ebwewendmowin iw gaa -kidsiwaan.

Pii dash mkeshkaadyaang Miiknaang , ga- chi- piitendis eshi-aawyaan.

Baa maa dash minwa,

Gmiigwechiwin

Daatgaagmini Giizis, I offer my tobacco and humble myself.

It has been a long time since we spoke and my heart is filled with energy like the moon.

I know the Creator would want me to come and speak this way.

Gookmis, I humble myself to the gifts of the thimbleberry.

I ask in the time of these teachings, to hear the words that come that come from the spirit world.

I ask that my eyes and ears be open, to receive what is needed to balance my mind, body and spirit so I may walk this anishnaabe road in the spirit of Creation.

I ask forgiveness for the things I do not speak of and the things I have forgotten.

Until the next time

Miigwech



WORDS (Kidwinan)

Mkadewaa black Gaawbiiwnong west Giizis ningishmo sunset Niigaan front Shkwayang behind Pime'ii side Gija'ii on top Naama'ii under Biitwa'ii between/middle Shpiming up



30th Anniversary Traditional Pow Wow ASSISTANCE NEEDED

A NOTICE TO MEMBERS OF OUR HOSTING NATION

Aanin. On Labour Day Weekend, we are hosting our 30th anniversary pow wow. We will be welcoming our own people, other anishinaabeg, tourists and visitors to our pow wow in friendship and sharing. We need our whole community to work together to make this annual traditional gathering memorable and successful.

Here are some of the ways you can help us be great hosts:

Make handmade cultural arts for the giveaway ceremony. Moccasins, jewelry, skirts, ribbon shirts, bags, beaded items, carvings, etc. - you can add your business cards to these.

Contribute useful items for families and children for the giveaway ceremony, such as gift cards, children's toys, blankets, school supplies, candles, camping gear, etc.

Donate fresh or cooked food for the feast and/or help with feast preparations, including cooking, serving food and cleaning up after the feast.

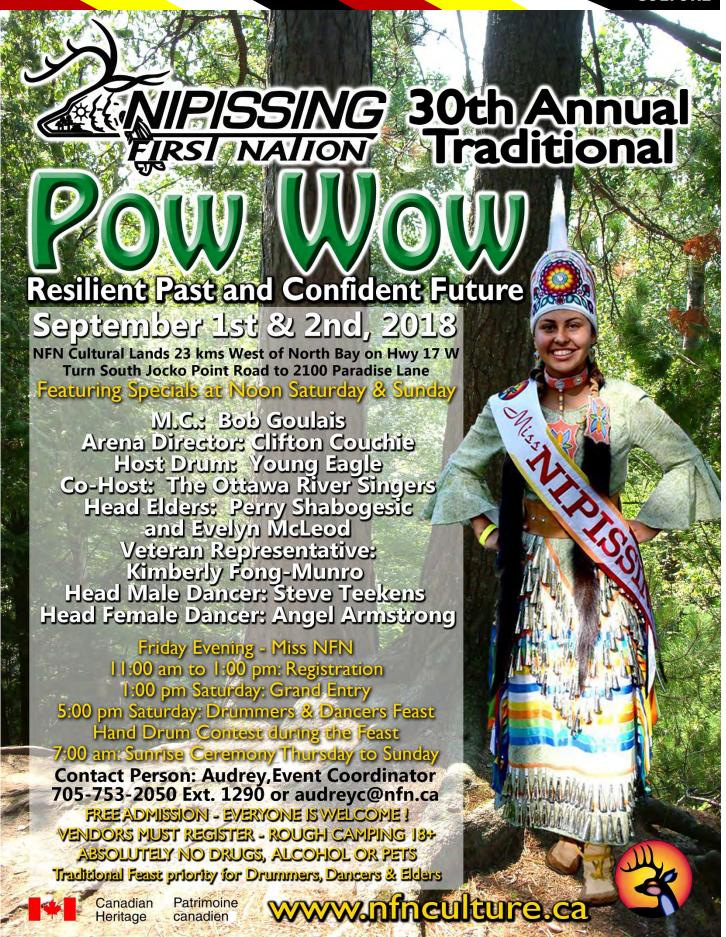
Donate cash or prizes for draws, help sell tickets & assist with fundraising.

Volunteer a couple of hours in different areas on Saturday and/or Sunday: hospitality booth, grounds set up and/or clean up, parking, security, etc.

To volunteer and/or donate, please contact Audrey Commanda

705-753-2050 ext. 1290 or by email to audreyc@nfn.ca.





Cultural Teachings & Events



Sweetgrass Harvest

With Elder Perry McLeod-Shabogesic

Tuesday, August 7th 10:00 a.m. - 1:00 p.m.

Culture Centre, Ktigaaning

Register with Mindy Martel: 705-753-2050 or by email to mindy.lariviere.martel@nfn.ca

Light Lunch Provided

Sponsored by OAC Indigenous Culture Fund, and the NFN Culture & Heritage Centre See full details on page 6



Pow Wow 2018 Planning

30th Anniversary Pow Wow

Thursdays, August 9th, 16th, 23rd & 30th 6:00 p.m. - 8:00 p.m.

Pow Wow Grounds, Jocko Point

We need ideas and helpers!



Open Sew

Join us and bring your unfinished beading, sewing & regalia pieces to work on

> Wednesday, August 1st & 15th 6:00 p.m. - 9:00 p.m. **Culture Centre, Ktigaaning**

AND

Wednesday, August 8th & 22nd 6:00 p.m. - 9:00 p.m. **Nbisiing Secondary School, Duchesnay**

12 Spots Available

Please bring your own snacks & drinks

Register with Audrey Commanda: 705-753-2050 ext. 1290 or audreyc@nfn.ca





Drum & Dance Social

Come practice for the pow wow!

Thursday, August 16th 6:00 p.m. - 8:00 p.m.

Traditional Lodge, Ktigaaning

Please feel free to wear your regalia pieces and to bring a snack to share.



Moccasin Making Workshop

Registration Required!

Saturday, August 25th 10:00 a.m. - 4:00 p.m.

Nbisiing Secondary School, Duchesnay

Limited to 4 youth & 8 adult spots

Bring your own snacks & drinks

Register with Audrey or Joe at 705-753-2050 audreyc@nfn.ca or joem@nfn.ca

Pow Wow Fundraising Events

Buy tickets at Band Office Reception

1 Piece Fish Dinner Fundraiser



50/50 DRAW

3 FOR \$5

- OR -

\$2 EACH

DRAW WILL TAKE PLACE EVERY FRIDAY AT 3PM



Thursday, August 2nd

4:30 p.m. @ Monster Bingo

\$15 per plate

Fish, fries, coleslaw, beans & dessert

JOIN US FOR A GREAT MEAL & SUPPORT **OUR 30th ANNIVERSARY POW WOW!**

Pow Wow Medallion & T-shirt Draw





Draw will be when tickets sold

Only 100 Tickets Available

\$5 per ticket

EMT - mynriver@gmail.com

TICKETS ARE AVAILABLE AT THE NFN **CULTURE CENTRE IN GARDEN VILLAGE**

Youth & Family Programs



Baseball/Outdoor Activities - Multiple Dates & Times (NOTE: not listed in the back page calendar)

Wednesday, August 1st from 6pm - 9pm @ Ballfield in Garden Village (Ages 13-24)

Thursday, August 2nd from 6pm - 8pm @ Ballfield in Garden Village (Ages 6-12)

Wednesday, August 8th from 6pm - 9pm @ Sportsplex in Garden Village (Ages 13-24)

Monday, August 13th from 1pm - 4pm @ Sportsplex in Garden Village (Ages 13-24)

Monday, August 13th from 6pm - 8pm @ Ballfield in Garden Village (Ages 6-12)

Wednesday, August 15th from 6pm - 9pm @ Sportsplex in Garden Village (Ages 13-24)

Tuesday, August 21st from 6pm - 8pm @ Sportsplex in Garden Village (Ages 6-12)

Wednesday, August 22nd from 6pm - 9pm @ Sportsplex in Garden Village (Ages 13-24)

Wednesday, August 29th from 6pm - 9pm @ Sportsplex in Garden Village (Ages 13-24)

Hosted by the Native Child Welfare Prevention Program. NOTE:



Teen Night - Friday, August 10th (Ages 13-24)

6pm - 10pm @ New Wing Lobby - Garden Village

Hosted by the Native Child Welfare Prevention Program



Building a Sweat Lodge - Saturday, August 11th (Ages 13-24)

1pm - 5pm @ Teaching Lodge - Garden Village (with Elder Perry McLeod-Shabogesic)

Hosted by the Native Child Welfare Prevention Program



Survival Overnight - Sunday, August 12th (Ages 13-24)

5pm - 10am (next day) in Garden Village

Hosted by the Native Child Welfare Prevention Program



Movie Night - Wednesday, August 15th (Ages 6-12)

6pm - 8pm @ New Wing Lobby - Garden Village

Hosted by the Native Child Welfare Prevention Program



Youth Sweat Lodge Ceremony - Friday, August 17th & Friday, August 31st (Ages 13-24)

5pm - 9pm @ Teaching Lodge - Garden Village

Hosted by the Native Child Welfare Prevention Program



Youth Sustainable Fishing Practices - Monday, August 20th (Ages 13-24)

5pm - 9pm @ Teaching Lodge - Garden Village

Co-hosted by the Native Child Welfare Prevention Program & NFN Culture & Heritage Department



We are also coordinating a 3-day <u>CAMPING TRIP</u> to Frank's Bay. Details TBA!

For more information about youth & family programs, please contact:

Katie Lariviere, Native Child Welfare Prevention Worker (Ages 6-12) - <u>katiel@nfn.ca</u> Joe McLeod, Native Child Welfare Prevention Worker (Ages 13-24) - <u>joem@nfn.ca</u>

Youth & Family Programs



Baby & Me Drop-In - Tuesdays, August 7th & 21st

10am - 1pm @ NFN Kendaaswin (Library) - Garden Village

We discuss topics such as healthy child development and parent/child attachment. For more information or to register, call Katie at 705-753-2050 or katiel@nfn.ca. Transportation & lunch provided.

Co-Hosted by the Native Child Welfare Prevention Program & NFN Health Services



Youth & Family Theatre Trip to Mama Mia - Thursday, August 9th

6:30am departure from NFN Complex - Garden Village (show time is 1:30 p.m. at Ed Mirvish Theatre)

Call in to book your spot starting Wednesday, August 1st at 8:30 a.m. to 705-753-3312. This trip is open to youth & families. Children under 16 years of age must be accompanied by a parent or guardian.

Sponsored by NFN Health Services



Teen Cooking - Thursday, August 23rd (Ages 13-24)

11:30am - 3pm @ Seniors' Complex - Garden Village

To register, please contact Katie at 705-753-2050 (<u>katiel@nfn.ca</u>) or Erika at 705-753-3312 (<u>erikaw@nfn.ca</u>).

Co-Hosted by the Native Child Welfare Prevention Program & NFN Health Services



Youth Scavenger Hunt Poker Walk - Monday, August 27th (Ages 10-18)

5pm - 7pm @ Lawrence Commanda Health Centre Boardroom - Garden Village

Traditional teaching with Perry McLeod-Shabogesic. <u>Please register by Friday, August 24th at 4:00 p.m.</u>. For more information or to register, call Lori-Anne at 705-753-1375 or <u>loriannm@nfn.ca</u>.

Dinner & transportation provided. Hosted by The Right Path Counselling & Prevention Services



"Love Your Selfie" Youth Retreat (<u>Ages 13-21</u>) - Sunday, August 12th Limited Spaces - Register by Friday, August 3rd

9:00am - 3:45pm @ Outdoor Rink/Sportsplex, Garden Village

Hands-on activities will include harvesting vegetables from our community garden, cooking over a fire, canoeing on the lake and ribbon of life craft, all while learning about diabetes prevention. Snacks & Lunch will be provided.

For more information or to register, please call 705-753-3312.

You could win a \$200 Northgate Gift Card! + other giveaways for all!

Co-Hosted by NFN Health Services & Native Child Welfare Program

Transportation is available for all local youth NFN members Contact Joe McLeod at 705-753-2050 ext. 1340 or joem@nfn.ca

Chip Bingo Fundraiser for Blue Jays Trip

Sunday, August 12th from Noon to 4:00 p.m.

Church Basement - Garden Village

Chip Bingo, 50/50 Draw, Food & Penny Sale!



Everyone is Welcome!

This fundraiser is organized by a group of parents and youth who have been working together to raise funds to attend a Blue Jays Game this summer.

For more information, please contact Katie Lariviere (<u>katiel@nfn.ca</u>), Joe McLeod (<u>joem@nfn.ca</u>) or Randy Penasse (<u>randyp@nfn.ca</u>) or call 705-753-2050.



Anishinabek Education Institute

Music Festival Fundraiser

Saturday, August 18th

1:00 p.m. to 8:00 p.m.

Sportsplex/Outdoor Rink - Garden Village

- Entertainment
- Craft & Food Vendors
- Raffles
- Penny Sale
- Silent Auction
- Door Prize & much more!

Admission: \$5 with NFN Food Bank Donation, or \$10 without food item donation.

50% of funds raised will go to the AEI student assistance fund & 50% will support Anishinabek Nation schools



HEALTH & WELLNESS



Community Workshop

Thursday, August 23rd 10:00 a.m. to 2:00 p.m.

NFN Complex Training Room
Garden Village
Lunch & Transportation Provided

To Register, please contact:

Karen McLeod, Family Well-Being Coordinator 705-753-2050 ext. 1268 or karenm@nfn.ca Hosted by The Right Path & Ontario Works Are you pregnant or do you have a child less than 1 year old?

Are you a resident or member of Nipissing First Nation?

If so, you should consider registering with our Canada Prenatal Nutrition Program! Once registered, you may be able to:

- ✓ Receive a monthly Good Food Box
 - ✓ Receive a monthly milk coupon
- ✓ Access gifts such as the Baby Bundle or Welcome Baby Bag

Special program opportunities: infant feeding support, home visiting, Drop in sessions, Baby Massage and much more

Once your child turns 1 year old, they may be enrolled in the Aboriginal Healthy Babies Healthy Children Program and continue receiving milk coupons until they turn 7 years old!



For more information contact:

Misty Arbour, Maternal Child Health Nurse 705-753-3312 x 2227





Diabetes: Be Active!

Physical Activity helps prevent, delay and manage the effects of type 2 diabetes.

If you have diabetes, being active helps to:

- ⇒ Manage blood sugar levels
- ⇒ Lower risk of complications (blindness, amputation)
- ⇒ Improve circulation and reduce numbness
- ⇒ Speed up healing
- ⇒ Lower blood pressure & cholesterol
- ⇒ Lower the risk of heart attack & stroke
- ⇒ Achieve a healthy weight
- ⇒ Improve quality of life & well-being

To see health benefits, adults need at least 150 minutes of moderate to vigorous physical activity per week. Children and youth need at least 60 minutes of moderate to vigorous physical activity every day.

Remember to increase your activity slowly and gradually build up to about an hour a day. For more information, contact the Diabetes Program at 705-753-3312.

KIDS CAN COOK WITH CONFIDENCE CELEBRATION & OPEN HOUSE

Kids Can Cook with Confidence is coming to an end and we have some exciting new programming in the works. Join us to celebrate 18 years and learn about what's to come!

When: Tuesday August 21st, 2018

Drop in between 5pm and 7pm

Where: Lawrence Commanda Health Centre

Who: Open to all community members



Prizes!

Recipe Tastings

Games

Memories
And more!

Share your favourite KCCC memory on the facebook event page or over the phone for a **chance to win** one of the famous KCCC aprons!



For more information contact Erika or Cheryl @ 753-3312

27th Annual NFN Charity Golf Tournament

Chi-Miigwech to all of the sponsors, participants and volunteers who helped make our tournament a great success while raising funds for the NFN Food Bank and Little NHL Committee.

PLATINUM SPONSORS

Peace Hills Trust The Miller Group Savage Sturgeon Falls

GOLD SPONSOR

KPMG

SILVER SPONSORS

WP Financial Young Forestry Services

BRONZE SPONSORS

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Nipissing University
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Dokis First Nation
ID Nor
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Kono Septic
TD Indigenous Banking
Trans Canada RV
Workplace Safety North

CASH DONATIONS

Auto Sports & Marine - Door Prize - Grass Trimmer
Canadian Shield Consultants Agency Inc.
Freightliner
Hume Paint and Wallpaper
J.E.Y.'s Business Record Storage
Leons Furniture
M.I.S. - Municipal Insurance Services
Nomadic Canvas
North Bay Indigenous Friendship Centre
Olthuis, Kleer, Townshed, LLP
Paul Murchison Refrigeration & A/C
Sturgeon Falls Home Hardware
Tremblay Chev-Buick-GMC Inc.

Congratulations to Phil Penasse, Martin Commanda, Rob Couchie & Gen Couchie on finishing the day with the lowest team score of 63 (7 under par)



Karen Commanda Wins Bronze Medal Golf - Masters Indigenous Games 2018

Nipissing Warriors Exhibit at Hockey Hall of Fame
Photo Courtesy of Nipissing First Nation in Photographs (Facebook)

BUTT OUT SMOKING FIRES



SMOKING IS THE #1 CAUSE OF FATAL HOME FIRES

WHAT'S THE RISK?

Smoking fires account for 8% of all home fires.

One in 10 smoking fires results in an injury or death.

One in four home fire fatalities are caused by smoking.

65% of smoking fires are caused by "improper discarding" of smoking materials.

The average dollar loss per smoking fire is \$37,000.

A Dangerous Mix:

Alcohol is a factor in many smoking-related fires

Statistics for Ontario between 2010-2014.
Provided by the Office of the Fire Marshal and Emergency Management

How do I prevent a smoking fire?

- Encourage smokers to smoke outside.
- Do not extinguish cigarettes in plant pots, which may contain a mixture of peat moss, shredded wood and bark that can easily ignite.
- Never smoke in bed.
- Use large, deep ashtrays that cannot be knocked over.
- Empty ashes into a metal container not the garbage can – and put it outside.
- If people have been smoking in your home, check behind chair and sofa cushions for cigarette butts before going to bed.



Install smoke alarms on every storey of your home and outside all sleeping areas.

Nipissing First Nation Emergency Services 705-753-4319 or melvinm@nfn.ca

Office of the Fire Marshal & Emergency Management www.ontario.ca/firemarshal

Apartment Vacancy Notice

The NFN Housing Department will have the following unit available on September 1st

2 Bedroom Apartment (Duplex) - 159B Juniper Crescent, Garden Village

\$450 per month + \$150 for propane + hydro (1st month + security deposit required)

The application is available at <u>www.nfn.ca</u> or contact the Housing Department at 705-753-6973 to obtain one.

Application deadline is Friday, August 10th at 4:30 p.m. Open to NFN Members 18+ years of age.



SUPPLIES FOR THE SOUL

791 Couchie Memorial Drive, North Bay, ON P1B 8G5

Phone: 471-0472

Leathers & Rawhides, Beads, Yarns, Fabrics, Fringe, Specialty Bead Threads & Needles Specializing in Native craft supplies, craft books, patterns, Regalia kits, etc.

Artwork & Jewelry by First Nations Artists

PENDLETON PRODUCTS in stock * Yellow Hominy Corn / Wild Rice

Please call ahead for store hours. Cash * Debit * Visa



August 2018

Daatkaagmini Giizis (Blackberry Moon)

Sun.	Mon.	Tue.	Wed.	Thu.	Fri.	Sat.
Open Sew in GV Wed, Aug 1 & 15 6pm – 9pm @ Culture Centre, Garden Village	Open Sew in DV Wed, Aug 8 & 22 6pm – 9pm @ Nbisiing School Duchesnay	FOOD BANK NEW HOURS Every 1st & 3rd Wednesday August 1st & 15th from 9am – 4pm	1 POOR SANK OPEN 9-4 Chief & Council Take Office Open Sew 6- 9pm @ Culture Centre Also on Aug. 15	Fundraiser for NFN Pow Wow 4:30pm @ Bingo \$15 per plate 1 piece fish dinner	Garden Stand 12pm – 3pm @ Nbisiing S.S. Deadline to apply for NFN Jobs	4
5	CLOSED Civic Holiday Have a safe long weekend!	Baby & Me 10am-1pm @ Library Sweetgrass Harvest 10am-1pm @ Culture Ctr Chief & Council Inaugural Meeting 7pm in GV	Diners' Club 11am – 1pm NFN Complex Gym Open Sew 6pm – 9pm @ Nbisiing School	Trip to Mama Mia 6:30am from GV 2018 Pow Wow Planning Meeting 6pm – 8pm @ Pow Wow grounds in Jocko Point Every Thursday (Aug 16, 23 & 30)	Teen Night 6pm – 10pm @ New Lobby, GV Deadline to apply for 2 Bedroom Apartment in GV	Building a Sweat Lodge 1pm – 5pm @ Teaching Lodge in Garden Village (behind Band Office)
Youth Retreat 9am – 3:45pm @ Sportsplex in GV Chip Bingo Noon – 4pm @ Church Bst Youth Survival Overnight 5pm – 10am (Mon)	Sharps/Naloxone Presentation 5pm-6:30pm @ NFN Complex Gym Dinner provided. KNOW YOUR	Back to School 10am-2pm @ Nbisiing School Come receive your student incentives or contact the Education Office to arrange pick-up or mail-out	ProodBank OPEN 9-4 Back to School 10am-2pm @ GV Education Office Sharps/Naloxone Presentation 5pm-6:30pm @ Nbisiing S.S. Gym	Family Drum & Dance Social 6pm – 8pm @ GV Teaching Lodge Kids' Movie Night 6-8pm @ New Lobby in GV (6-12) Wed, August 15	Youth Sweat Lodge Ceremony 5pm – 9pm @ Teaching Lodge Also on Aug. 31 Summer Children's Program – Last Day	Music Festival Fundraiser – AEI 1pm – 8pm @ Sportsplex in Garden Village Entertainment, Vendors, Raffles \$5 w/ food item \$10 without
19	Youth Sustainable Fishing Practices 5pm – 9pm @ Teaching Lodge in Garden Village (Ages 13-24)	Baby & Me 10am- 1pm @ Library Garden Stand 12-3pm @ Yellek KCCC Open House 5-7pm @ LCHC	Open Sew 6pm-9pm @ Nbisiing School Bring your regalia, beadwork and unfinished pieces to work on!	Stress Workshop 10am – 2pm @ Training Room GV Teen Cooking 12pm – 3pm @ Seniors' Complex	24	Moccasin Making 10am – 4pm @ Nbisiing School Registration required
26	Youth Scavenger Hunt/Poker Walk 5pm – 7pm @ LCHC Boardroom	Garden Stand 12pm – 3pm @ Seniors' Complex in Garden Village	29	30	Garden Stand 12pm – 3pm @ Nbisiing S.S. Sweat Lodge Ceremony 5pm – 9pm @ Lodge	POW WOW Grand Entry 1pm Dallas Arcand 3pm Champion Hoop Dancer Exhibition



Contact Us

36 Semo Road Garden Village ON P2B 3K2

TEL: FAX:

(705) 753-2050 (705) 753-0207 WEB: www.nfn.ca