MAY EVENTS

30 Day Fitness Challenge - Monday - Thursday, Noon @ NFN Gym May Staring Monday, April 1st at noon in the NFN Gym, come out & challenge yourself! Every Monday -Thursday for 30 days. Bring gym/comfortable clothing, running shoes, & a water bottle. For more information, contact Jeff at 705-753-2050 x 6971 jeffs@nfn.ca

Anishnaabe Weshikiniijik Nishin Go - Tuesdays & Thursdays

May 5:30pm - 8:30pm @ Church Hall, Garden Village Ages 13-30. Regalia making & drum social! Come & learn songs on the big drum with Blair Beaucage, every Tuesday & Thursday until May 30th.

For more information & for transportation, contact Mindy at 705–753–2050 x 1260 / mindymenfn.ca

- Kids' Movie Night Wednesdays, May 1 & 29, 6pm 8pm @ NFN Kendaaswin (Library) Ages 6 – 12. For more information, contact Katie at 705–753–2050 x 1323 / katielenfn.ca
- Goods Exchange Days May 2 & 3 @ all NFN communities Place unwanted but re-usable items at the roadside after 8am. For more information, contact Shayla at 705-753-2050 x 1285 / shaylabenfn.ca
- Honouring Sacred Fish Spawn Ceremony Friday, May 3 or May 10, 10am 2:30pm 3 or 10 @ Garden Village Community Dock

Ceremony by the lake for water & water life. Sacred fire. Circle regarding traditional law, creation story & our instructions in using creators' gifts. Light lunch. Afternoon outdoor activity. Please dress for the weather. For more information, contact Mindy at 705-753-2050 x 1260 / mindymenfn.ca *DATES ARE WEATHER DEPENDENT & MAY CHANGE*

Traditional Fish Teachings - Friday, May 3 or May 10 @ Garden Village Community Dock

Traditional teachings of our fish populations in relation to our creation story & 13 moons governance Preparing our youth for a night of family traditional spearing. For more information, contact Mindy at 705-753-2050 x 1260 / mindymenfn.ca

- *DATES ARE WEATHER DEPENDENT & MAY CHANGE*
- *at time of publication, no time has been announced*
- Star Wars Overnight Marathon Saturday & Sunday, May 4 & 5, 8pm 8am @ NFN Gym Ages 13 - 24. Snacks, pizza, and breakfast provided. For more information & transportation registration, contact Katie at 705-753-2050 x 1323 / katielenfn.ca before 4:30pm on May 3rd
- Culture Committee Meeting Monday, May 6, 5pm @ Nbisiing Secondary School Open to the community. Bring your ideas & volunteer spirit! For more information, contact Mindy at 705-753-2050 x 1260 / mindym@nfn.ca
- Baby & Me Social Drop-In Tuesdays, 9am 12pm @ NFN Kendaaswin (Library) 21, 28 We discuss topics such as healthy child development & parent/child attachment. Transportation & snacks provided. For more information & transportation registration, contact Katie at 705–753–2050 x 1323 / katielenfn.ca

MAY EVENTS

- Spring Clean Up Days May 8, 9, 10 @ Membership Households Only
 Wed May 8 Garden Village, VLA, Mosquito Creek. Thurs May 9 Jocko Point, Beaucage. Fri May 10 Yellek, Duchesnay, Art's Lane. Place items on the curb by 7:30am on your pick up date. For more
 information, contact Shayla at 705-753-2050 x 1285 / shaylab@nfn.ca
- Diners' Club Wednesday, May 8, 11am 1pm @ NFN Gym
 Celebrating our elders with a luncheon every second Wednesday of the month.

 For more information, please contact the Lawrence Commanda Health Centre at 705-753-3312
- NFN Job Fair 2019 Wednesday, May 8, 1pm 5pm @ Nbisiing Secondary School
 Presented by Employment & Training and Ontario Works. Bring your resumes. Door Prize: Laptop.
 For more information contact Sarah Fisher @ 705-753-2050 x 1243 / sarahf@nfn.ca or Lisa Vega @ 705-753-2050 x 1329 / lisav@nfn.ca
- Craft Night Wednesday, May 8, 6pm 8pm @ NFN Kendaaswin (Library)
 All ages. Hosted by Native Child Welfare & NFN Kendaaswin. For more information, contact Katie at 705-753-2050 x 1323 / katiel@nfn.ca
- NFN Food Security/Food Sovereignty Presentation Thursday & Friday, May 9 & 10, 10am 4pm & Church Hall, Garden Village
 Presentation from Glenda Abbott. Hosted by NFN Culture, K'tigaaning Midwives, & Indigenous Culture Fund. For more information, contact Brady at 705-753-2050 x 1290 / bradypenfn.ca
- Teen Night Friday, May 10, 6pm 10pm @ NFN Kendaaswin (Library)

 Ages 13 24. For more information & transportation registration, contact Katie at 705-753-2050 x 1323

 / katielenfn.ca
- Women's Skirts Workshop Saturday, May 11, 10am 4pm @ NFN Culture Centre
 Limited spaces available. NFN Membership priority. Fee: \$40 per person must pay ahead. You may need to bring your own sewing machine. For more information & to register, contact Mindy at 705-753-2050 x 1260 / mindymenfn.ca
- Alternative Care Program Information Sessions
 Monday, May 13, 6pm @ NFN Training Boardroom, Garden Village
 Tuesday, May 14, 6pm @ Nbisiing Secondary School
 Hosted by Waabnoong Bemjiwang Child & Family Services. For more information, call 1-705-223-0008
 x 300
- Language Committee Meeting Monday, May 13, 1:30pm @ NFN Culture Centre
 Open to the community. For more information, contact Evelyn at 705-753-2050 x 1261 / evelynmenfn.ca

MAY EVENTS

- Outdoor Activities, Monday, May 13, 6pm 8pm @ GV Playground & Outdoor Rink Ages 6 12. For more information contact Katie at 705-753-2050 x 1323 / katiel@nfn.ca
- Family History Seminar, Wednesday, May 15, 9am 4pm @ NFN Kendaaswin (Library)
 Nipissing Nation Kendaaswin is proud to host a day of Nipissing family history in honour of the UN
 International Day of Families on May 15th. Presentations & genealogy. Large print paper for printed family lists. Historical photo identification. Morning refreshments will be served. Everyone welcome!
 For more information contact Randy at 705-753-2050 x 1231 / randyp@nfn.ca
- Full Moon Ceremony, Thursday, May 16, 8:30pm & K'tigaaning Midwives

 Fire keeper: Jeff Stewart. K'tigaaning Midwives is located at 40 Couchie Industrial Rd, North Bay.

 For more information, contact Evelyn at 705–753–2050 x 1261 / evelynmenfn.ca
- Computer Night, Wednesday May 22, 6pm 8pm @ NFN Kendaaswin (Library)
 Ages 6 12. For more information, contact Katie at 705-753-2050 x 1323 / katielenfn.ca
- Teen Cooking BBQ, Sunday, May 26, 11am 3pm @ GV Courtyard & Fire Pit
 Ages 13 24. For more information & transportation registration, contact Katie at 705-753-2050 x
 1323 / katielenfn.ca before 4:30pm on May 23rd
- Family Drum Social, Tuesday, May 28, 6pm 8pm @ Church Hall, Garden Village
 Bring your children to learn. Male & female dancers & drum. Bring a snack to share. Share, learn, & socialize! For more information, contact Mindy at 705-753-2050 x 1260 / mindymenfn.ca



Nipissing Nation Kendaaswin Logo Contest ENDS May 31, 2019

NFN community members are invited to submit sketches for a library logo. Each sketch entry *must* include the words "Nipissing Nation Kendaaswin", a Nishnaabemwin word, & 2 of the following:

4 colours/directions, deer, books, water (lake), woodland style border, kids/people/families, learning, & having fun.

The winning entry will win a Family Movie Package (4 tickets) & a dinner gift card for 4 (\$100). For more information contact Randy at 705–753–2050 x 1231 / randypenfn.ca