

# AUGUST EVENTS

1, 8,  
15, 22

## **Making Pow Wow Giveaways - Thursdays, 1pm - 4pm @ Culture Centre**

Help make lovely giveaway gifts for our 31st Annual NFN Pow Wow. Some fabric & beads supplied. Please bring your own supplies if possible. *For more information, contact Gail at [gailmenfn.ca](mailto:gailmenfn.ca)*

6, 13,  
20, 27

## **Baby & Me Social Drop-In - Tuesdays, 9am - 12pm @ Nipissing Nation Kendaaswin (Library)**

We discuss topics such as healthy child development & parent/child attachment. Transportation & snacks provided. *For more information & transportation registration, contact Katie at [705-753-2050 x 1323](tel:705-753-2050) / [katiel@nfn.ca](mailto:katiel@nfn.ca)*

12, 19,  
26

## **Baseball Fundamentals - Mondays in August, 6pm - 8pm @ GV Baseball Field**

Ages 8 - 14. Bring your reusable water bottle. Parent volunteers are encouraged! *For more information, contact Jeff Stewart or Krystal McLeod.*

1

## **Pow Wow BBQ - Thursday, August 1, 11:30am - 1pm @ Culture Centre Parking Lot**

Help raise money for the 31st Annual NFN Pow Wow. All invited! Hamburgers, bologna & fried bread, sausages, salad, & desserts! Juice, iced tea, water, & pop! \$10 for a meal.

6

## **Open Sew - Tuesday, August 6, 6pm - 9pm @ Culture Centre**

Work on your pow wow regalia or any other projects. Bring your supplies & there will be a facilitator on site. *For more information, contact Mindy at [705-753-2050 x 1260](tel:705-753-2050) / [mindym@nfn.ca](mailto:mindym@nfn.ca)*

9

## **Reconnecting with our Roots - Friday, August 9 @ 341 Couchie Memorial Drive**

Everyone is Welcome! Reusable water containers & feast bundles are mandatory. 5:45am - sunrise ceremony, healing circle, feast prep. 8:30pm - sweat lodge ceremony. Partnership with NFN Withdrawal Management & NFN Culture Centre. *For more information, contact Tyler or Brady: Tyler [705-753-2050 x 2231](tel:705-753-2050) / [tylerd@nfn.ca](mailto:tylerd@nfn.ca). Brady [705-753-2050 x 1290](tel:705-753-2050) / [bradyp@nfn.ca](mailto:bradyp@nfn.ca)*

10

## **Amazing Race - Saturday, August 10, 9am - 3:30pm @ GV Outdoor Rink**

Ages 12 - 18. Learn about diabetes prevention while competing in this fun challenge - be the first to make it to the finish line! Traditional teachings & crafts. Many prizes & giveaways! Harvesting vegetables from the community garden & preparing a healthy lunch. *Limited space. NFN membership priority. Transportation, lunch, & snacks provided. Register before August 7 at [705-753-3312](tel:705-753-3312)*

10

## **Drum Bag Workshop - Saturday, August 10, 9am - 4pm @ Training Boardroom**

Ages 13 - 24. Facilitator: Jean Lariviere. Hosted by Native Child Welfare. *For more information, contact Bella at [705-753-2050 x 1274](tel:705-753-2050) / [bellam@nfn.ca](mailto:bellam@nfn.ca)*

12

## **Chief Commanda & Waterfront - Monday, August 12, 10am - 4pm**

Ages 13 - 24. Admission, lunch, & transportation provided. Hosted by Native Child Welfare & Nipissing Nation Kendaaswin. *For more information, contact Katie at [705-753-2050 x 1323](tel:705-753-2050) / [katiel@nfn.ca](mailto:katiel@nfn.ca)*

13

## **Ribbon Skirt Workshop - Tuesday, August 13, 6pm - 9pm @ Training Boardroom**

Ages 13 - 24. Facilitator: Brenda Lee. Hosted by Native Child Welfare. *For more information, contact Bella at [705-753-2050 x 1274](tel:705-753-2050) / [bellam@nfn.ca](mailto:bellam@nfn.ca)*

14

## **Bowling - Wednesday, August 14, 10am - 4pm @ Partners Billiards & Bowl, North Bay**

Ages 13 - 24. Admission, lunch, & transportation provided. Hosted by Native Child Welfare & Nipissing Nation Kendaaswin. *For more information, contact Katie at [705-753-2050 x 1323](tel:705-753-2050) / [katiel@nfn.ca](mailto:katiel@nfn.ca)*

# AUGUST EVENTS

14

## **Diners' Club - Wednesday, August 14, 11am - 1pm @ NFN Gym**

Celebrating our elders with a luncheon every second Wednesday of the month.

*For more information, please call the Lawrence Commanda Health Centre at 705-753-3312*

15

## **Youth Medicine Walk - Thursday, August 15, 6pm - 9pm @ 6 Serenity Lane**

Facilitator: Perry McLeod-Shabogesic. Ages 13 - 24. *For more information,*

*contact Bella at 705-753-2050 x 1274/ bellam@nfn.ca*

16

## **Community Family Fire - Friday, August 16, 7pm - 10pm @ NFN Courtyard / Fire Pit**

All ages are welcome to sit around the fire with some storytelling & singing! There will be hot-dogs, marshmallows, & refreshments provided. Everyone bring a friend & family member! *For more*

*information, contact Bella at 705-753-2050 x 1274/ bellam@nfn.ca*

20

## **Open Sew - Tuesday, August 20, 6pm - 9pm @ Nbisiiing Secondary School**

Work on your pow wow regalia or any other projects. Bring your supplies & there will be a facilitator on site. *For more information, contact Mindy at 705-753-2050 x 1260 / mindym@nfn.ca*

20

## **Teen Night/Crafts for Pow Wow Giveaways - Tuesday, August 20, 6pm - 9pm @ Nipissing Nation Kendaaswin**

Ages 13 - 24. Make pow wow giveaways or just come & hang out! *For more information,*

*contact Bella at 705-753-2050 x 1274/ bellam@nfn.ca*

22

## **Soup Kitchen - Thursday, August 22, 11am - 1pm @ NFN Gym**

Come out & enjoy a hot meal every 4th Thursday of the month! Hosted by the NFN Food Bank.

*For more information & to book transportation, contact Becky at 705-753-6972*

28

## **Traditional Teaching on Gambling for Youth - Wednesday, August 28, 4:30pm - 8pm @ Lawrence Commanda Health Centre**

Facilitator: Perry McLeod-Shabogesic. Ages 9 to 18. Dinner & transportation provided. Seating for 24. Funded by Anishinabek Responsible Gambling. *For more information, please call the Lawrence*

*Commanda Health Centre at 705-753-3312*