



ENKAMGAK

Translation from Anishinaabemwin: "The Happenings" or "What is Going on?"

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Monday, October 14th Thanksgiving

Council Meetings

Tuesday, Oct. 1st 7pm - Garden Village

Tuesday, Oct. 15th 7pm - Duchesnay

Submit agenda items by 4pm on the Thursday prior to the Council meeting to: Freda Martel, Director of Administration, by email to <u>fredam@nfn.ca</u>.

Pow Wow focuses on language renewal

Gaa-Miingooyan Enyweng - The Language that was Given to Us

By: Isabel Moseler for the West Nipissing Tribune (excerpts)

Nipissing's 31st annual traditional pow wow went from one high point to another, with specials honouring different families, and a very large focus on language revival.

On Saturday, Anishinaabemwin language teacher Tory Fisher, along with one of his learners Brooklyn Sawyer gave an impassioned talk about the importance of learning the language as part of cultural integrity. Tory addressed the difficulties faced by First Nations youth as a result of the active suppression of Indigenous languages by the dominant society... while Brooklyn expressed her gratitude for those who took up the challenge to revive the language and how important it was to her, as a young person, to discover the key elements of the culture she was born into embedded in the language she is learning....

"It's the year of Indigenous languages, not just ours, and we wanted to honour that at this year's pow wow," noted coordinator Mindy Martel. "There was a tremendous amount of support from our whole culture team here, they did an outstanding job."

There was also a lot of royalty on hand with the newly crowned Miss NFN Kelsey Borgford, Junior Miss NFN Jacie Martel, and the first ever Nipissing Brave, Trent Beaucage. Head Elders were George Couchie and Evelyn McLeod; head dancers were McKenzie Ottereyes-Eagle and Desirée Sands; with the head youth dancers Brent Couchie and Kelsey Borgford.

Read the full article and view the photo gallery at www.westnipissing.com, or pick up the September 4th issue, which also features NFN's participation at the IPM on the front page.



With over 300 dancers, 8 drums, 25 craft vendors, six food vendors and beautiful sunny weather to cap it off, this year's pow wow was a resounding success!

UPDATES



Plow Wow! Nipissing well represented at IPM

Nbisiing Heritage Display educates visitors about First Nations history

"Farming in this area didn't start 150 years ago, it started 10,000 years ago,"

said Chief Scott McLeod to *West Nipissing Tribune* journalist Isabel Moseler in a quote that ran at the top of the September 4th issue of the local paper, alongside an article about the pow wow.

"For the first time in its 102 years of history, the International Plowing Match (IPM) will have the full participation of a First Nation, another distinguishing feature of the 2019 IPM in Verner," writes Moseler. NFN has been at the table with the IPM organizing committee since its inception thanks to Tom Lambert, NFN Economic Development Officer and volunteer IPM board member.

Tom brought the idea of NFN participating to Chief and Council, who sponsored a tent for NFN artisans from the community to display and sell their arts and crafts during the event. The NFN tent also featured heritage and archaeological displays prepared by our Land Office and Culture & Heritage department. All involved put a tremendous amount of work into the displays, with several staff members spending time on-site throughout the event to greet visitors and answer questions about Nipissing's rich history and culture.

As Moseler's article goes on to explain, the educational component of the event provided an opportunity to raise awareness. Beyond expanding people's perceptions of farming getting its start with the arrival of the first pioneers, Chief McLeod adds that "farming in this area and other areas of Canada would not have gotten anywhere if it wasn't for the traditional knowledge of Indigenous people that showed settlers how to work the land, how to get crops and what kind of crops you can grow."

Chief McLeod's welcoming also reminded everyone that the event itself is hosted on the traditional lands of the Nipissing people.

As Tom adds, "we're going out to educate, to share the experiences, the history of the First Nations... That's what makes Nipissing who we are; we have this awesome team and the membership behind us... especially when there's an opportunity to move forward."

NFN was front and centre throughout this large international eventfrom the opening to closing ceremonies - with the help of our talented drummers, dancers and knowledge keepers, and devoted staff.

Chi-Miigwech to all involved in representing Nipissing at the IPM!







Highlights from the Chief's Calendar

October 1-2: AFN National Fisheries Committee Meeting (Campbellton, NB & Listuguj, QC)

October 15: Council meeting (Duchesnay)

October 22-24: UOI Lands and Resources Forum (Nipissing University, North Bay)

October 26-27: Council Retreat (Rama)



Cannabis Law Update: Our Council remains determined to have First Nations included as full partners in the cannabis industry. Recently, at a town hall meeting in North Bay, Chief McLeod asked Federal Minister of Border Security and Organized Crime Reduction Bill Blair for more resources for Nipissing First Nation to enforce public safety.

Chief McLeod also stressed the need for access to a legal supply of cannabis for potential profits for First Nations and was encouraged after a private meeting with Minister Blair.

"We don't deal nation-to-province. We deal nation-to-nation. He got that mention loud and clear," stated Chief McLeod. "The one thing I stressed to him was that we are not the same and a one-size-fits-all solution is not going to work. I explained to him the things that we have done in the past, things that we have already done on cannabis and the laws, and the protection measures that we have in place and models for enforcement that we have been reviewing. He had a better understanding of where we are coming from I think."

NFN got a commitment from Minister Blair to meet again.

"Although we didn't come out with anything concrete, what we came out with was a commitment for some time with him and his staff to get this thing moving forward. It's encouraging but I'll reserve my excitement until have some type of bilateral agreement with the federal government."

Anthony Rota @ AnthonyRota
Thank you Chief Scott McLeod &
Economic Development Manager,
Michael Harney, of @Nipissing_FN
for meeting with Min.@BillBlair &
me to share your insight on
Cannabis jurisdiction during his
recent visit to North Bay.

1/2 #Thread



Read more at <u>anishinabeknews.ca</u> and watch <u>nfn.ca</u> for updates.

Chief's Video Update Series

Watch the latest video in the series on our YouTube channel:

June 2019

Follow Chief McLeod on Facebook:

<u>Giima Zoongawbwi</u>

<u>Chief Scott McLeod</u>



facebook

Robinson Huron Treaty Gathering: Chief McLeod attended this gathering hosted by Wiikwemkoong Unceded Territory on September 13, 14 & 15. With negotiations stalled on the Annuities case, the RHT Trust Litigation Management Committee continues to put pressure on the Crowns to honour their Treaty promises through litigation.

"I simply want to emphasize our willingness to vigorously pursue all phases of the litigation but the preference is to negotiate true reconciliation with the Crown," said Gimaa Duke Peltier. Stage 2 (dealing with the Crown's liability and Ontario's technical defences of statutory limitation and Crown immunity) will be heard in Sudbury on October 15-25, 2019.

The Fall 2019 Community Bulletin is available on the News & Notices section of our website, or request a copy by mail or email: Gen Couchie at 705-753-2050 ext. 1270 or genc@nfn.ca.



Proposed Cannabis Operations on NFN

Applications for retail and growing operations

Debendaagziwaad (NFN citizens) are being asked for input on three separate applications related to cannabis operations. The notices are posted on our website and were mailed.

Application #1: Cannabis Retail Operation

An NFN member was selected by the Alcohol and Gaming Commission of Ontario (AGCO) lottery process to locate a cannabis retail store on Nipissing First Nation. Chief and Council have approved a commercial lease agreement to locate the cannabis retail store in the Bineshii Business Park as noted in the key plan on the right. The retail store will comply with the NFN Cannabis Law and AGCO regulations for Cannabis Retail Store operations.

Deadline to submit written comments/concerns: Wednesday, October 9, 2019

Application #2: Cannabis Grow Operation

The Business Licence Review Committee received a Business Licence Application for an indoor Cannabis Grow Operation, in accordance with Health Canada Regulations and NFN's Cannabis Law at the location noted on the key plan shown on the right.

Deadline to submit written comments/concerns: Wednesday, October 9, 2019

Application #3: Cannabis Micro Grow Operation

The Business Licence Review Committee received a Business Licence application for an indoor Cannabis Micro Grow Operation, in accordance with Health Canada Regulations and NFN's Cannabis Law, at the location noted on the key plan on the right.

Deadline to submit written comments/concerns: Thursday, October 17, 2019

How to provide feedback:

If you have any legitimate concerns or valid objections about any of these applications, please submit them *in writing* by the specified deadline to the appropriate contact(s) listed below.

For concerns related to the proposed business, contact:

Michael Harney, Economic Development Manager 36 Semo Road, Garden Village ON P2B 3K2 | michaelh@nfn.ca

For concerns related to the proposed land use, contact:

Cathy McLeod, Acting Land Manager
36 Semo Road, Garden Village ON P2B 3K2 | cathym@nfn.ca

Next Steps:

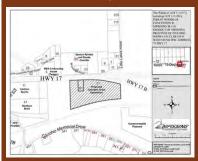
If there are no legitimate concerns or valid objections from the community, the applications will go to the business licensing committee for recommendations before being presented to Chief and Council for a final decision to be made in accordance with NFN's Gichi-Naaknigewin (Constitution) and NFN's Cannabis Law.

Proposed Locations

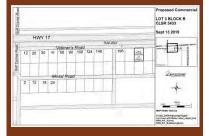
#1: Retail Operation



#2: Grow Operation



#3: Micro Grow Operation



Have your say...

provide feedback by the deadline specified in each application to the appropriate contact(s)





Commercial Fishery closed for 2019 season as of Sept 28th

This closure does <u>not</u> affect our inherent, treaty-protected rights to harvest fish for subsistence or for ceremonial purposes.

Members who plan to fish for subsistence or ceremony must follow our *Fisheries Law* and are asked to call our Fisheries Office in advance at 753-6971.

Chi-Miigwech to our registered and compliant commercial fishers, and to community members who follow our Fisheries Law and processes.

We appreciate your efforts to support the recovery of the walleye population.

For more information about NFN's Fisheries Law, regulations and processes, or to report compliance issues, please contact:

Jeff McLeod

Natural Resources Manager 705-753-2050 ext. 1325 jeffm@nfn.ca

Natural Resources Department Notices

Fall Walleye Index Netting (FWIN)

The Fall Walleye Index Netting (FWIN) project will be completed again on Lake Nipissing in October. This marks the 21st year that the NFN Natural Resources Department has worked in partnership with the Ministry of Natural Resources & Forestry (MNRF) on FWIN projects.

This fisheries assessment is used to assess the health of the walleye population. Nets consist of different mesh sizes and are set randomly in deep and shallow areas of Lake Nipissing. Each day, nets will be picked and fish will be brought back to NFN to be biologically sampled for total length, fork length, and weights. Age structures are also collected, and sex and maturity of walleye will be recorded. All edible fish are filleted and donated to the NFN Food Bank.

Hunting & Trespassing on NFN Lands



Over the past several years, NFN has received numerous complaints about trespassing or unauthorized access on NFN lands with a large spike taking place during hunting season.

NFN Enforcement Officers and members of the Anishinabek Police Service will conduct joint patrols on bush roads to monitor for trespassing, minimize issues, and ensure that no illegal hunting is taking place.

A reminder that any guests wishing to hunt on NFN lands must contact the Natural Resources Department to purchase a hunting permit, must be in the company of a NFN Band Member, and must follow all Provincial hunting regulations that pertain to the species being hunted.

For more information, please call the Natural Resources office at 705-753-2050.

Positive outcomes for women and children with removal of gender-based discrimination from Indian Act

Excerpt from: Anishinabek News

Canada has updated the Indian Registration System to eliminate the long-standing gender-based discrimination. With the remaining provisions of Bill S-3 coming into force, descendants born before April 17, 1985, who lost their status or who were removed from "band" lists due to marriages to non-status men dating back to 1869, will regain eligibility for their status.

"The discrimination that women and their children have experienced has been so harmful, and in many cases, created deep-rooted divisions, separating families and communities. Almost 150 years later, the assimilation machine has been somewhat righted," stated Anishinabek Nation Grand Council Chief Glen Hare. "I acknowledge Minister Carolyn Bennett and Prime Minister Trudeau for facilitating these amendments to right this wrong without further delay. Your government has done the right thing."

Annual Community Meeting

Mkweshkodaadang Nji-Wiidooktaadyang

Saturday, November 23rd in Garden Village



Join us from **9:00 a.m. until noon** on Saturday, November 23rd for our annual community meeting. Our leadership will provide updates on major community projects and plans while you enjoy a hot breakfast and have a chance to visit with staff and ask questions.

More details to come in the November newsletter. Please Save the Date!

Christmas Distribution 2019

Funds can be picked up at annual meeting on November 23rd or during Distribution Dates on December 5th & 6th

Christmas funds will be distributed to members starting on **December 5, 2019** until **March 31, 2020**. <u>Distribution dates</u> are scheduled as follows for those wishing to pick up funds in person:

Thursday, December 5th 10:00 a.m. to 3:00 p.m. NFN Complex, Garden Village Friday, December 6th
10:00 a.m. to 3:00 p.m.
Nbisiing School, Duchesnay

Third party pick-ups are no longer permitted; however one can collect for a spouse and a parent may collect for children under the age of 16 who are still living at home.

<u>To request a cheque or direct deposit</u> instead of picking up, please complete and return the Request Form available at www.nfn.ca. The form will also be mailed to households in mid-October.

Completed forms must be returned to the Finance Department by **November 8, 2019** to receive payment by cheque or direct deposit on December 5, 2019. Please contact the Finance Department at 705-753-2050 or finance@nfn.ca if you have questions or need more information. NFN members will have until March 31, 2020 to pick up their shares.

PLEASE NOTE: SHARES DO NOT ACCUMULATE AND MUST BE PICKED UP OR REQUESTED EVERY YEAR

Cenotaph Upgrades in Garden Village



NFN has received funds from Veterans Affairs Canada (VAC) and the NFN Trust Fund towards a new cenotaph. Work will start October 7th to replace the cenotaph. The existing plaque will be carefully removed and safely stored until its new display location is decided. The new granite cenotaph will be unveiled before Remembrance Day. For more information, please contact:

Patrick Stevens, Facilities Manager 705-753-2050 ext. 1220 | patricks@nfn.ca



Neighbourhood BBQs were a hit!

NFN Programs & Services collaborated to bring "Neighbourhood BBQs" to Garden Village, Yellek and Duchesnay in September.

The BBQs help bring our community members and staff together to meet, socialize and enjoy some great food. It's an excellent way for everyone to gather in an informal setting.

The three Neighbourhood BBQs welcomed more than 300 community members!

MIGWECH

Miigwech to all of the volunteers, community members and staff who helped make these BBQs a great success again this year!





Exclusive LNHL 2020 Merchandise On Sale Now!

The Little NHL 2020 Host Committee is selling LNHL 2020 branded apparel so community members can show their pride and support for NFN hosting next year.

T-shirts and ballcaps can be purchased for \$20 each from the front desk at the Band Office.

Watch for more items to be added this fall!



Volunteers Needed!

Nipissing First Nation will host the Little NHL in Mississauga in March 2020, and we are seeking volunteers for events leading up to the Little NHL, and during the tournament.

If you are interested in becoming a volunteer for the Little NHL 2020, please contact Freda Martel at 705-753-2050 ext. 1223 or send a quick email with your contact information to fredam@nfn.ca. Chi-miigwech!!

Seniors' Snow Plow Waivers

A reminder that Snow Plow Waivers must be signed <u>every year</u>. Waivers will be available at Diners' Club on October 9th or eligible seniors can come by the office to fill one out.

If you have any questions, or to request a form by mail, please contact:

Shayla Brunet, Facilities Assistant 705-753-2050 ext. 1285 | shaylab@nfn.ca



Recycling Program Updates

We are happy to announce that we can now accept CLEAN, RINSED & FLATTENED milk cartons in the PLASTICS/CONTAINERS recycle bin. If your milk carton has a plastic cap, please remove it and place it separately in the plastics/containers recycle bin.

A reminder that the following items are NOT ACCEPTED for curbside pick-up:

- Household hazardous waste *
- Batteries
- Furniture
- Appliances
- Construction material
- Car parts
- Tires

- Liquid waste
- Electronics
- Biomedical waste / syringes
- Leaves and tree trimmings
- Ashes
- Paint
- Bulky waste (please use NFN Landfill)

Blue Bins



Each household is provided with two blue bins, one for CONTAINERS and one for FIBERS. Bi-weekly curb side pick up occurs in addition to garbage day. Please place your blue bins by the curb so they get picked up.

Landfill Drop off



- Electronic recycling
- Tire recycling
- Scrap metal
- Re-Use Centre

Use of site is free for Registered NFN Band Members residing on reserve. *Fees for Freon apply*

Proof of residency required

^{*} Household hazardous waste may be taken to 112 Patton Street in North Bay for FREE.

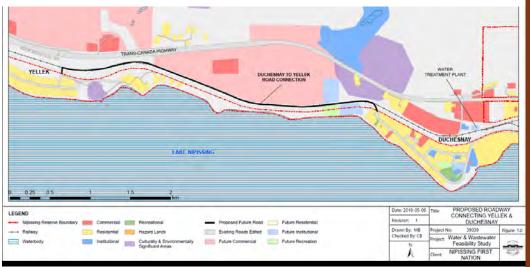
Connecting Duchesnay & Yellek

Road project gets federal backing needed to proceed

On September 6th, Infrastructure Canada announced \$3,308,714 to build a 2.1 kilometre paved road that will include shoulders, pedestrian walkways and two culverts to connect the communities of Yellek and Duchesnay.

On July 24th, we received confirmation from the Investing in Canada Infrastructure Program (ICIP) that the Province of Ontario will contribute \$808,650, with Nipissing First Nation contributing \$294,255 to the project.

The road connection is shown with a black line on the map below (old railbed):



Duchesnay Creek Bridge Replacement

Miller Nipissing Partnership is Staffing Up

Construction of the new \$12-million Duchesnay Creek bridge is expected to get underway this month, and the bridge is expected to be open to traffic by October 2020.

The newly formed Miller Nipissing partnership hosted a job fair on August 29th to promote some of the employment opportunities that will be created through the project.

A number of job postings have been advertised to date, including recruitment for an Assistant Project Manager, Project Liaison, Operator, Labourer and Carpenter/Formworker. The project will create 15 to 20 local jobs, both directly and indirectly tied to the project.



Phase 1 involves demolition of the existing structure and construction of the new bridge. Phase 2 will include 1 km of paving along the roadway, removing the old CN Rail overpass is removed and Main Street West is levelled between Couchie Memorial Drive and Highway 17. This is expected to create an additional two years of work on Nipissing First Nation.



Offices Closed

October 14th

All NFN offices will be closed on Monday, October 14th for Thanksgiving.

Please note that the Landfill site will also be closed on Monday, October 14th. Regular hours for the landfill are from 9am to 5pm on Saturday, Sunday, Monday and Tuesday (closed for all holidays).



Nipissing First Nation

36 Semo Road Garden Village ON P2B 3K2

Phone: 705-753-2050
Fax: 705-753-0207
Web: www.nfn.ca
Email: genc@nfn.ca

Celebrating Nipissing First Nation Youth Protecting Artifacts

By: Kelly Anne Smith for the Anishinabek News

The youth of Nipissing First Nation are learning to be protectors of artifacts left behind by their ancestors. They are students of the Nipissing First Nation Archaeology Field School. A special presentation was held August 18th celebrating the students and their discoveries made in 2019.

Glenn McLeod of Nipissing First Nation is the coordinator for the NFN Archaeology Field School. McLeod says the focus is on teaching students the skills required to become an archaeologist while also teaching about the history of the area.

"They do have the skills now to start digging. There are 20 students that have gone through the program that have the skills to be a liaison for Nipissing First Nation for any archaeological work."

About 80 Nipissing First Nation citizens attended the celebration with feast of the Archaeology Field School's extensive display of artifacts. The community is encouraging youth to be sleuths of the past. Ten-year-old Chloe McLeod said she was on a walk when something caught her eye. "I said, 'Mom, look at this cool rock!' My Dad said, 'I think that's an arrowhead.""

The archaeology project has been conducted on Nipissing First Nation for ten years. The field school was started in 2013 with students learning skills from Archaeologist Ken Swayze, a consultant and Nipissing University adjunct professor. This year's big find was a mound that was previously undiscovered. The first week of the summer was spent excavating and analyzing the precontact site. The mysterious mound is 30-feet in diameter and about 3-feet off the ground.

Swayze says it's a bit mysterious. In over 40 years of archaeology, he has never come across anything like it.

"Right away we could find some chert flakes and some other expedient stone tools. They're definitely used by people because it's not a natural feature. But what it is exactly, we don't really know. It is not ceremonial. There are Nipissing mounds at LaVasse Portages but they are beehive-shaped low mounds and they are part of some ceremony. This is a flat top mound. It's more like a platform. People definitely worked on the top of this platform because of the flakes and the stone tools they left behind. I'm wondering if it wasn't for a special purpose."

Parker Dalgliesh, a 17-year-old Grade 12 Chippewa Secondary School student, has participated in the field school for two summers. He really enjoys digging for the buried past. When the students were excavating the mound, Parker found it to be in good condition. "It's crazy to see it is still there. And no one ever touched it."

Parker imagines walking in his ancestors' footsteps. "Every step I take, I imagine where people have walked and where people have been."

Swayze says there are many signs of the Nipissing People. "People were everywhere on this lake. We looked at Beaucage Point where they built a village after the Robinson Treaty was signed. I wanted to go to Frank's Bay because I know a lot of them came from Frank's Bay to make this new village. I wanted to see if I could find cabin foundations that preceded Beaucage."

Swayze points to the big metal pail found there. "I found one foundation that the material predates the mill. I'm confident that

foundation was from a Nipissing family."

In the future, Swayze wants to explore Commanda Point. Paul Commanda was a well-known guide on Lake Nipissing.

Swayze believes exploring Commanda's old house on Beaucage Point could unearth some interesting finds.

View the story at anishinabek.ca



(From L to R): Glenn McLeod, Field School Coordinator; Darian Goulais, post-secondary student; Parker Dalgliesh, secondary student; Archaeologist Ken Swayze; Cody Maloney, post-secondary student, Hailey Goulais, secondary student; Chase Penasse-McLeod, secondary student; Ryden Hanzlik, secondary Student; and Carl Ralph, Archaeological Assistant.



There is a school bus driver shortage in Ontario but the **School Bus Driver Retention Pilot Program** should help school bus operators across the province and in our community with driver retention and recruitment by rewarding school bus drivers who stay on the job throughout the year.

"The school bus driver shortage has been an ongoing issue that impacts students and families across Ontario," said Minister of Education, Stephen Lecce. We are happy to announce that Nbisiing school bus drivers are eligible to receive up to two separate retention bonuses of up to \$1,000 each, based on continuous employment over two periods between September to December 2019 and January to June 2020.

This program is intended to reduce driver turnover and make student transportation services more reliable.

Miigwech / Thank you Nbisiing Bus drivers for your commitment and keeping our students safe!

Aaniish Naa Gegii Initiative

Our community is a member of the Anishinabek Education System (AES) and within this the Kinoomaadziwin Education Body (KEB) is the supporting organization to all participating First Nations. The KEB remains committed to providing educational supports to our communities with the ultimate goal of ensuring the well-being and success of our students through a number of projects that are underway.

One of the projects is called Aaniish Naa Gegii. It focusses on a tool that the KEB has become familiar with - the Aboriginal Children's Health and Weil-Being Measure (ACHWM). The tool provides an effective way to measure student health and well-being; and to identify students at risk. It is also enables the collection of data to support youth services that are suited to the needs of communities. Nipissing's First Nation School - Nbisiing has been selected to participate in the following pilot project.

The criteria required to participate in the Aaniish Naa Gegii was noted as follows:

- The school must be an on-reserve school
- The school must have a Mental Health Worker on site or regularly available in the community
- Target age group is 8 years to 18 years

Additional support for the implementation of Aaniish Naa Gegii will be provided, including financial implementation support and a complimentary tablet device.

Participation in the program is completely voluntary. Anyone interested in learning more can visit www.nbisiing.com or www.nbisiing.com or www.nfn.ca for more information and consent forms. Any questions or concerns can be directed to Carole Couillard, Principal of Nbisiing Secondary School at 705-497-9938 or by email to carolec@nbisiing.com.

Student Info & Bussing Forms - EVERY YEAR!

All First Nation students living **on-reserve** must fill out a Student Information and Bussing Form **every year**. The form is available here: https://bit.ly/2YWN2FO or please contact Tracy at the Education Office to request a copy by calling 705-753-6995 or tracyh@nfn.ca.





NBISIING SECONDARY SCHOOL

Stay Connected with Us - Please visit our website <u>www.nbisiing.com</u> or <u>Nbisiing Secondary School Facebook</u> <u>page</u> for our calendar of events and other school-related information, or call (705) 497-9938 for more information.



Welcome BBQ

Nbisiing started off another school year with a welcome barbeque for students, parents, and community members. It was great to see so many new and former students out to enjoy some great food and music by the Nbisiing Redhawk Singers. Miigwech to everyone who came out and celebrated the start of a new school year with us!



International Plowing Match Field Trip

Students had the opportunity to attend the IPM in Verner and were able to witness many of the exciting events that the IPM had to offer - from the Canadian Cowgirls to the lumberjack competition, students and staff enjoyed being able to spend time together and explore the IPM for a day.





Welcome back, Redhawks! With another school year starting, and fall quickly rolling in, it is important to try and keep up with a good routine. Sleep is important for teenagers, so making sure that you have a dark, quiet and cool room can help with good sleep hygiene. Using white-noise (a fan, rain sounds, etc) can help too, especially if you find yourself waking up due to outside noise. Sleep helps your brain file away all of the information that you take in during the day, which helps with memory and problem solving.

Also, making sure that you eat a balanced diet and regular meals will help keep your body healthy. With a new school year comes cold and flu germs. Remember to keep hydrated (water is best!), and wash your hands often (especially before a meal). Sharing food and drinks can mean sharing germs too. If you find yourself feeling tired and coming down with a runny nose or sore throat, try to stay home and rest. Cedar tea is high in vitamin C, and the warmth of the tea can help to relieve congestion.

September brings us our traditional harvest season, the beginning of hunting season, and preparations to get ready for Winter.

Graduation Coach *Important* Parents of Potential Graduates



This year we will be having an **information sharing dinner** for the graduates and their parents on **Wednesday, October 2nd** at 5:00pm at Nbisiing Secondary School. This session will provide parents with information necessary in regards to supporting their child/children in their efforts to graduate.

Please call the school at 705-497-9938 to confirm your attendance. Letters will also be sent home via email so please ensure the school has your current email address.

Reciprocal Education Approach (REA)

The REA is designed to prioritize student needs by allowing First Nation students to choose the school that best suits their learning needs.

- First Nations students who live on-reserve may attend a school of a school board.
- Students who would normally be eligible to attend a school board may attend a First Nation-operated or federally-operated school, subject to that school's admission policies and may have to fill in a written notice form.

New - Written notices must be completed for:

- Students who are attending Nbisiing School who are not NFN members and any students living off reserve who are not transitioning from another Board.
- Written notice forms are available at Nbisiing School, on the nformation > Elementary & Secondary), or from a local school board.

Nipissing First Nation students living on-reserve attending a school board will not have to fill in the written notice form as we have service agreements with the local school boards. For more information, contact the Education office at 705-753-6995.

New Provincial REA will remove barriers to education for First Nation students By: Victoria Racette for the Anishinabek News (excerpts)

Anishinabek Nation Grand Council Chief Glen Hare says that the provincial Reciprocal Education Approach (REA) will remove barriers to education for First Nation students. "First Nations have long advocated for better access to education. It's time we seize the opportunity to work with the province," states Anishinabek Nation Grand Council Chief Glen Hare.

The REA is the result of a collaboration between Ontario First Nation partners, school board associations and the provincial Ministry of Education that came into effect on September 1, 2019. It will ensure First Nation students and their families are supported by a consistent and transparent process whether they choose to study at a publicly-funded school or a First Nation-operated school.

"It's about choices. The doors are opening up for our students to go to school in our communities or away. We have to support our students wherever they choose to go."

Read the full article at anishinabek.ca.



Today Ontario announced improved access to education for First Nations students through the Reciprocal Education Approach!

The "REA" ensures First Nations students and their families are supported by a consistent and transparent process when they choose to study at a publicly funded school or a First Nation operated school.

This new approach came into effect September 1 and is the result of a collaboration between Ontario First Nation partners, school board associations and the Ontario Ministry of Education.

Read more: https://news.ontario.ca/,../ontario-takes-action-to-improvea...



Sam Oosterhoff, Parliamentary Assistant to the Minister of Education; Catharine Pawis, Chair of the Kinoomaadziwin Education Body; Stephen Lecce, Minister of Education; Glen Hare, Anishinabek Nation Grand Council Chief; Greg Rickford, Minister of Indigenous Affairs and Minister of Energy, Northern Development and Mines; and Muriel Sawyer, Deputy Chief of Nipissing First Nation and Chair of the Nipissing First Nation Education Committee.

Children's Aid & Your Individual Rights

"DUTY TO REPORT" - Anyone who has reasonable grounds to suspect that a child is or may be in need of protection must promptly report the suspicion and the information to a CAS office. If the child/parent is First Nation, let the CAS worker know and a band representative will be informed.

NATIVE CHILD WELFARE SERVICES are available to all band members within the Nipissing First Nation (NFN) Jurisdiction, North Bay and Sturgeon Falls areas:

- It is your right to have your band representative present if Children's Aid requests a visit with you and family;
- It is also your right to refuse a visit until your band representative is available and is present;
- Your band representative will advocate on yours and your families behalf, to ensure the best interest of the child;
- The band has an obligation to ensure the best interest of the child; regardless whether or not the parent/family chooses to access the Native Child Welfare Services.

If you do not fall within our jurisdiction, you can still identify as a member of NFN to ensure your rights as an Indigenous person are recognized. Most cities have Indigenous Advocates at agencies; such as, a Friendship Centre or Family Court.

CHILD AND FAMILY SERVICE ACT

If you find yourself in a child welfare situation, parts of the Child and Family Service Act take into account the family's Indigenous culture and heritage in deciding the "best interests" of a child. Another section of the Act recognizes that Indigenous people should be entitled whenever possible, to provide their own child and family services, and that all services to Indigenous children and families "should be provided in a manner that recognizes their culture, heritage and traditions and the concept of the extended family."

CHRT Ruling a Step Towards Justice for First Nations Children & Their Families

Source: <u>Anishinabek Nation Head Office</u> - Anishinabek Nation Grand Council Chief Glen Hare says that the recent Canadian Human Rights Tribunal (CHRT) ruling ordering the federal government to pay compensation to First Nation children, youth and families is a step forward towards justice for Anishinabek children and their families.

"Our youth are the future – they need to be supported within their communities and their families. In this era of truth and reconciliation, Canada must step forward and fulfill their obligation to the many First Nation children and families who suffered and continue to suffer because of colonization, racism and discrimination," states Anishinabek Nation Grand Council Chief Glen Hare. "Equal access to the funding needed for essential prevention services, like counselling and housing, was not provided to prevent the unnecessary removal of our children from their homes or to help our families before their children were taken. While in out-of-home care, some of our children lost their families forever and some have even lost their lives. Nothing can undo this pain and suffering experienced by our children and families."

The recent CHRT ruling is the latest ruling in a historic human rights case filed in 2007 by the First Nations Child & Family Caring Society of Canada and the Assembly of First Nations. In 2016, the CHRT found the federal government willfully and recklessly discriminating against First Nations through the inequitable funding of child and family services and through failure to fully implement Jordan's Principle. Canada was immediately ordered to cease its discriminatory conduct.

"Every First Nation child who was needlessly taken into out-of-home care receiving the maximum compensation amount allowed under the Canadian Human Rights Act is a step towards justice for our children and families." The CHRT has ordered Canada to provide \$40,000 in compensation to the victims of its discriminatory practices. The ruling applies to all First Nation children who were unnecessarily placed into care from January 1, 2006, to a date that is to be determined by the CHRT. Parents or guardians of children who were unnecessarily placed into out-of-home care may also be eligible for compensation.

A culturally informed, child-focused process is to be put into place to determine eligibility and individual compensation.

ABCDESSS of staying healthy with diabetes

Ask your health-care team about your:

information taken from



Λ				
А	A1C – target i	s usually	7% or	less

Blood pressure control – aim for less than 130/80 mmHg

C Cholesterol – LDL cholesterol should be less than 2.0 mmol/L

Drugs to decrease heart disease risk: Blood pressure pills (ACE inhibitors or ARBs), cholesterol- lowering pills (statins), medications that lower blood sugar with proven heart benefit, or ASA (Aspirin)

Exercise and healthy Eating – regular physical activity and following a healthy dietary pattern

Self-management support – setting goals, and identifying barriers that may prevent you from reaching your goals

Screening or monitoring for complications – heart, feet, kidneys, eyes

Stop Smoking

For more information please contact: Lawrence Commanda Diabetes Education and Resource Centre 705-753-3312





Adult Overnight Trip

Ages 21-54



Friday October 18, 2019

Cost \$55 per person

(2 people per room) - Fallsview Comfort Inn

What is included?

- Travel via Bus Charter
- Accommodations (2 people per room)

Participant is responsible for...

- All meals
- Parking if taking personal vehicle (\$18.00)
- · Any other entertainment

Bus Schedule to Niagara Falls

6:30 am depart Band office

6:45 am depart Jocko Point (store)

7:00 am Yellek (How Convenient)

7:10 am depart Duchesnay (school)

Bus Schedule HOME (Saturday)

2:00pm departure from Hotel

Space Limited - 54 Seats



This event is sponsored by Chief & Council



Please note:

If registration results in a waitlist, a draw will take place to determine spaces.

Priority will go to those who have not attended the Blue Jays Game.

Call NFN Health Services 705-753-3312 to register by October 4th

Payments of \$55.00 to secure your spot can be made to NFN Finance Department

HEALTH & WELLNESS



Gtigewin Community Garden Feast



When: Wednesday, October 23rd 12pm-1pm

Where: Band Office Gym

Prizes to be won! Call 705-753-3312 if you need a ride. For NFN community members.

Wiisnidaa! Come enjoy a meal made with food from our garden to celebrate the end of the season!

Fun Facts & Stats about our Gtigewin

- \checkmark In 2018, the number of visitors to the garden stands increased 33%
- \checkmark Visits to pick from the garden also increased from 101 to 198
- ✓ In 2018, we had 100kg of yellow & green beans, over 1,500 cucumbers,
 1,000 carrots, 223 zucchinis and over 100 cobs of corn.
- \checkmark 65% of those surveyed said they ate more veggies thanks to the garden



Read more about our Gtigewin in this feature article by the Anishinabek News:

The Gtigewin Community Garden promotes sustainability, healthy eating, and Anishinaabemwin

Health & Wellness Programs



Doodooshkewin Breastfeeding Week Celebration - Friday, October 4th

10am - 12pm @ NFN Complex Gym - Garden Village

The first week of October is World Breastfeeding Week, a time to encourage communities and individuals to protect, promote and support breastfeeding. Join us on October 4th for guest speakers, games, information & prizes!

Speakers from 10am - 11am & Open House from 11am - noon. Light refreshments will be served.

For more information, please contact Misty or Erika at 705-753-3312.

Hosted by NFN's Maternal Health Nurse and Community Nutritionist



Sisters in Spirit Candlelight Vigil - Friday, October 4th

7pm - 8pm @ 131 Commanda Crescent - Duchesnay

October 4th is a day where we honour the lives of missing and murdered Indigenous women and girls. The violence experienced by Indigenous women and girls in Canada is a national tragedy. We must take the time to give thanks to the families who are the reason we all continue to demand action.



Agenda: 7pm - Opening Remarks with Smudge; 7:15pm - Candlelight Vigil Walk; 8pm - Refreshments & Closing Remarks. **All Welcome!** Please dress warmly. If possible, please wear an item of red clothing in honour of the missing and murdered Indigenous women and girls. Contact Sylvia for more information at 705-472-0233 or sylviaf@nfn.ca.

Hosted by the Ojibway Women's Lodge (OWL). Sponsored by Native Women's Association of Canada.



Gtigewin Community Garden Feast - Tuesday, October 23rd

12pm - 1pm @ NFN Complex Gym - Garden Village

Come enjoy a meal made with food from our garden to celebrate the end of the season! For more information or to request a ride, please call 705-753-3312. *Prizes to be won!*

Hosted by NFN Health Services and our Community Nutritionist. See the ad on the previous page.

Medication Clean-Out Campaign for October & November Help us protect the environment!

Fill this bag with your expired, leftover, unlabeled or "just in case" medicines and return it to the Health Centre for safe disposal.

Bags are available from the Lawrence Commanda Health Centre... each bag returned will have a ballot entered for a chance to win a gift card.

WHAT CAN BE INCLUDED IN THESE BAGS?

Pills, ointments, liquids, prescriptions, vitamins, over-the-counter, herbals, etc. **EXPIRED MEDICATIONS ARE NOT EFFECTIVE!**

For details about this campaign, or to book a pick-up, please call or email:

Carole Lafantaisie, Community Health Nurse 705-753-3312 x 2257 or chn@nfn.ca



Child, Youth & Family Programs



Baby & Me Drop-In - Every Tuesday

9am - 12pm @ NFN Kendaaswin (Library) - Garden Village

We discuss topics such as healthy child development and parent/child attachment. For more information, please call Katie at 705-753-2050 or katiel@nfn.ca. Transportation & snacks provided.

Hosted in partnership by the Native Child Welfare Prevention Program & NFN Health Services



Gym Nights in Duchesnay - Every Thursday (All Ages)

4:30pm - 6:30pm @ Nbisiing Secondary School Gym - Duchesnay

Contact Richard McLeod for more information at 705-753-3312 or richardm@nfn.ca.



Movie Night - Wednesday, October 2nd (Ages 6-12)

6pm - 8pm @ NFN Kendaaswin (Library) - Garden Village

Hosted in partnership by the Native Child Welfare Prevention Program & NFN Kendaaswin (Library)



Teen Night - Friday, October 4th (Ages 13-24) Dinner & Transportation provided

6pm - 10pm @ NFN Kendaaswin (Library) - Garden Village

Contact Jayde at 705-753-2050 ext. 1274 or <a href="mailto:iggsquare-right-square-r



Art Therapy - Saturday, October 5th & Sunday, October 6th (Ages 6-10 with parent/guardian)

10am - 2:30pm @ Lawrence Commanda Health Centre - Garden Village

Lunch provided. Limited to 8 participants - please register by calling 705-753-3312. Facilitator: Emily Couchie



Teen Outdoor Rink Night - Tuesday, October 8th (Ages 13-24)

6pm - 8pm @ Outdoor Rink - Garden Village

Hosted by the Native Child Welfare Prevention Program



Thanksgiving Craft Night - Wednesday, October 9th (All Ages)

6pm - 8pm @ NFN Kendaaswin (Library) - Garden Village

Hosted by the Native Child Welfare Prevention Program



Drum Social - Thursday, October 10th (All Ages)

6pm - 8pm @ Outdoor Rink - Garden Village

Contact Mindy at 705-753-2050 ext. 1260 or mindym@nfn.ca. Hosted by the Culture & Heritage Department



Teen Cooking - Wednesday, October 16th (Ages 13-24) Dinner & Transportation provided

6pm - 8pm @ NFN Complex Gym/Kitchen - Garden Village

Contact Jayde at 705-753-2050 ext. 1274 or jaydes@nfn.ca. Hosted by the Native Child Welfare Prevention Program



Hallowe'en Craft Night - Wednesday, October 16th (Ages 6-12)

6pm - 8pm @ NFN Kendaaswin (Library) - Garden Village

Hosted by the Native Child Welfare Prevention Program

SPECIAL EVENTS



Mukluk Making - 3 Day Workshop: October 18th, 19th & 20th (Priority to NFN members)

10am - 4pm each day @ NFN Culture Centre - Garden Village (see below for Duchesnay dates October 25-27)

Fee: \$100 for supplies. To register and make arrangements for payment prior to workshop, contact mindym@nfn.ca.

Hosted by the NFN Culture & Heritage Department. Facilitator: Tracey Larochelle



PD Day Trip to Leisure Farms - Monday, October 21st (All Ages - 12 & under need parent/guardian)

9am - 3pm @ Leisure Farms - Sturgeon Falls

Trip to Leisure Farms from 9am to 12pm, followed by a movie, pizza and popcorn in the gym from 12pm to 3pm. Limited Space. More details to follow soon. Contact Katie at 705-753-2050 or katiel@nfn.ca for more information.

Hosted by the Native Child Welfare Prevention Program & NFN Recreation



Pumpkin Carving - Wednesday, October 23rd (All Ages)

6pm - 9pm @ NFN Complex Gym - Garden Village

Hosted by the Native Child Welfare Prevention Program



Pumpkin Inferno - Friday, October 25th (Ages 13-24) Dinner & Transportation provided

5:30pm - 11pm - Meet @ Band Office, event is in Sudbury

Contact Jayde at 705-753-2050 ext. 1274 or jaydes@nfn.ca. Hosted by the Native Child Welfare Prevention Program



Hallowe'en Party - Saturday, October 26th (All Ages)

5pm - 9pm @ NFN Complex Gym - Garden Village

Open to NFN members & affiliates. Please bring a non-perishable food item. See event flyer on next page.

Hosted by the Food Bank, Native Child Welfare Prevention Program, Kendaaswin & Recreation



Mukluk Making - 3 Day Workshop: October 25th, 26th & 27th (Priority to NFN members)

10am - 4pm each day @ Nbisiing Secondary School - Duchesnay

Fee: \$100 for supplies. To register and make arrangements for payment prior to workshop, contact mindym@nfn.ca.

Hosted by the NFN Culture & Heritage Department. Facilitator: Tracey Larochelle



Teen Craft Night - Wednesday, October 30th (Ages 13-24)

EVENTS

6pm - 8pm @ NFN Kendaaswin (Library) - Garden Village

Hosted by the Native Child Welfare Prevention Program



Like and Follow our Facebook Page: **NFN Events**

to stay up-to-date about all of our events & programs!



Children under 12 must be accompanied by an adult.

Limited to NFN membership and affiliates only.

Brought to you by the Food Bank, Native Child Welfare

Brought to you by the Food Bank, Native Child Welfare, Kendaaswin and Recreation programs.

Nbisiing Anishinaabemwin

October - Binaakwii Giizis (Falling Leaves Moon)

Binaakwii Giizis, nda-bgidnamoon semaa mina ndoo –gbasendis ge shi-waamdayaan.

Nga-kwejmin wii-wiidbiminaa nji-wii – nsidwi-shkiishgonaan,

Gchi-twaawendaagwak gaa zhijkaadeg maa e-bi-zheshkaag naaniibwiyaan

Gookmis, wii – kwejmin wii- noondmaan n'de pane washme wiimno- mnidoowiyaan pii dash a'yaawid mii gonaa nimshkawziimgag ga-chi-shkozmin pii Binaakwiid Giizis goojing.

Mii dash noogom kwedweyaan Gookmis, wii –bkidendaan waa kidyaan mina ge enendmaan.

Mnidoo-miikaasing e-chi-piitendaagwak washme minwa pii tkweshkaadyang

Binaakwii Giizis.

Miigwech

Falling Leaves Moon. I offer my tobacco and humble myself to you for what you have shown me. I ask that I may sit and absorb, through my eyes the miracles of Creation unfolding in front of me.

Gookmis, I hear the sounds of my heart with every passing moment becoming more spirit than human. Once again, me spiritual energies are awakened, in this union of the Falling Leaves Moon.

I ask for forgiveness for what I do not speak of and the things I have forgotten .

So I may be able to respect myself more the next time we meet, in the time of the Falling Leaves Moon.

Until then, for all that I am.









Nishnaabeg Kidwinan (Words)

Dkwaagi - Fall days light getting shorter

Mkadewaa black

Gchi-miigwech Giizhak Thanksgiving Day

Shkiigminan cranberries
Shkiigminke cranberry picking
Baashkminsige making jams
Giiwse go about hunting
Ndawenjgeng hunting season
Ndawenjge to go hunt

Moozwemoose huntWaawaashkeshwedeer huntBnewehunt partridgeNdooshpeduck huntBaarsigan mina mniinsgun and bulletBaarsigeto shoot /fire the gun

Ninship mallard duck
Nsig sawbill duck

Community Nishnaabemwin Classes

Nishnaabemwin Community Language Classes began September 23rd and will continue until June 2020.

Monday evenings in Duchesnay

at Nbisiing Secondary School from 6-8pm

Wednesday evenings in Garden Village

at the Church Hall from 6-8pm.

Registration will be done at the classes to get a sense of where we are in our learning, and Evelyn McLeod will work with any new learners. Please contact Evelyn at 705-753-2050 or evelynm@nfn.ca for more info.

- 1. Waabang nga-ndawenjge. Tomorrow I'm going hunting
- 2. Nwii paa nda giiwse nidkwaagig. I'm going to go hunt in the fall.
- **3.** *Mooz mina waawaashkesh ndoo- pkonaag.* I skin the moose and the deer.
- 4. Enso dkwaagik ndoo paa –shkiigminke njui-baashminsigewaan. Every fall I go picking cranberries.
- 5. Niin mina nwiijkiwenh wii nda dooshpemin wiiba kizhep. Me and my friend are going duck hunting early morning.





NOVEMBER 2ND 2019 10AM-3PM GARDEN VILLAGE COMMUNITY CENTER

CALLING ALL VENDORS

VENDORS WANTED!

\$30 per table plus a penny sale donation. (Non-Refundable, and payment must be made in advance to hold your table. Please Contact Ashley McLeod via Facebook or call 705-580-2223 to reserve your table. Thank You

Know the Signs of an Opioid Overdose



Blue lips or nails



Dizziness and confusion



Can't be woken up



Choking, gurgling or snoring sounds



Slow, weak or no breathing



Drowsiness or difficulty staying awake

CANADA.CA/OPIOIDS

22

Canadä

ADVERTISING & ANNOUNCEMENTS

Advance Polls: 9:00am - 9:00pm

October 11, 12, 13 & 14 in Garden Village only

Election Day Polls: 9:30am - 9:30pm Monday, October 21 in GV, Jocko & Duchesnay

Check your voter information card for your polling station, or check online at elections.ca



Election Day Mon, Oct 21st



Advance: October 11, 12, 13 & 14



Vote at any Elections Canada office



Vote by Mail

FEDERAL | 2019

Have your ID ready to vote Three options to prove your identity and address

MONDAY, OCTOBER 21

Option 1

Show one of these pieces of ID

- your driver's licence
- any other card issued by a Canadian government (federal, provincial/territorial or local) with your photo, name and current address



Show two pieces of ID

Both must have your name and at least one must have your current address

Examples:

- voter information card and bank statement
- utility bill and student ID card

Don't have these? No problem!
See the list of accepted ID for option 2 below





If you don't have ID

You can still vote if you declare your identity and address in writing and have someone who knows you and who is assigned to your polling station vouch for you.

The voucher must be able to prove their identity and address. A person can vouch for only one person (except in long-term care institutions).

1

From a government or government agency

- · band membership card
- birth certificate
- Canadian citizenship card or certificate
- · Canadian Forces identity card
- Canadian passport
- · card issued by an Inuit local authority
- firearms licence

- government cheque or cheque stub
- government statement of benefits
- · health card
- income tax assessment
- Indian status card or temporary confirmation of registration
- · library card
- licence or card issued for fishing, trapping or hunting
- · liquor identity card
- Métis card
- · old age security card
- parolee card

- property tax assessment or evaluation
- · public transportation card
- · social insurance number card
- vehicle ownership
- Veterans Affairs health care identification card

From Elections Canada

From an educational institution

From a health care facility or organization

- targeted revision form to residents of long-term care institutions
- voter information card
- correspondence issued by a school, college or university
- · student identity card
- blood donor card
- · CNIB card
- hospital card
- label on a prescription container
- identity bracelet issued by a hospital or long-term care institution
- medical clinic card

From a financial institution

- bank statement
- credit card
- credit card statement
- credit union statement
- debit card
- insurance certificate, policy or statement
- mortgage contract or
- statement
 pension plan statement
- personal cheque
- From a private organization
- employee card
 residential lease or sub-lease
- utility bill (e.g.: electricity; water; telecommunications services including telephone, cable or satellite)

Letters of confirmation

- letter from a public curator, public guardian or public trustee
- letter of confirmation of residence from a First Nations band or reserve or an Inuit local authority
- letter of confirmation of residence, letter of stay, admission form, or statement of benefits from one of the

following designated establishments:

- student residence
- seniors' residence
- long-term care institution
- shelter
- -soup kitchen
- a community-based residential facility

Additional pieces of ID may be added. We accept e-statements and e-invoices. Print them or show them on a mobile device.

3 Bedroom House for Sale in Jocko Point



Available to NFN members only

Approx. 2000 sq. ft. 2 story house on large 1 acre lot (approx.) Bachelor apartment on lower level. Newly renovated upper floor. Wide gravel path to river. Bunky with separate driveway on lot.

Call 705-471-4924 or danieliracouchie@gmail.com

3 Bedroom House for Sale in Garden Village

Available to NFN members only

123 Gerald Crescent Garden Village

1,000 sq.ft. single storey on 100 x 200 lot NEW renovations include: roof shingles, deck, propane furnace with central air, doors, vinyl siding and windows.

Call 705-493-2064 or <u>trapper23@persona.ca</u> Serious Inquiries Only - Open to Offers





St. Joseph Scollard Hall Uniforms For Sale

Boys Pants sizes: 12H, 29, 2x30, 2x32, 3x34 Bears Green sweater x2 - size Small ½ zip Blue sweater - size Medium Rugby sweater - size Medium

If you are interested in any of these items, please contact Barb Young at 705-580-2080.



Congratulations to former NFN Chief Philip Goulais on being recognized at the Lands Advisory Board's Annual General Meeting held in Rama on September 17th & 18th for his decades of service to the Board and to the First Nation communities it represents.

Mr. Goulais was instrumental in the development of the First Nation Land Management Act signed in 1996.

ADVERTISING & ANNOUNCEMENTS

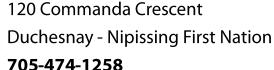






Health Food & Organic Grocery Store Alternative & Holistic Health Service







Green Medicine by the Homeopathic Pair





George Couchie 705-494-6887

286 Nova Beaucage Road North Bay, ON P1B 8G5

couchie.george@gmail.com www.nativeawarenesstraining.com







40 Couchie Industrial Road North Bay, Ontario P1B 8G5

T: 705-476-BABY (2229) F: 705-476-2470

ktigaaning.midwives@gmail.com www.ktigaaningmidwives.com

CRAFT SL

Now Open in the Bineshii Small Business Centre 132 Osprey Miikan — 705-471-0472

Located on highway 17 between the Eagle's Nest Gas Bar & Young Forestry Services

Leathers & Rawhides, Beads, Yarns, Fabrics, Fringe, Specialty Bead Threads & Needles Specializing in Native craft supplies, craft books, patterns, Regalia kits, etc. Artwork & Jewelry by First Nations Artists - Pendleton Products - Yellow Hominy Corn/Wild Rice



October 2019

Binaakwii Giizis (Falling Leaves Moon)

SUN	MON	TUES	WED	THU	FRI	SAT
	Anishinaabemwin Community Class 6pm – 8pm @ Nbisiing School Every Monday	1 Baby & Me Drop- In 9am – 12pm @ GV Library Every Tuesday Council Meeting 7:30pm in GV Council Chambers	2 COPEN 9-4 Anishinaabemwin Community Class 6pm – 8pm @ Church Hall in GV Every Wednesday Movie Night 6pm – 8pm @ GV Library	Gym Nights 4:30pm – 6:30pm @ Nbisiing Gym Every Thursday Deadline to register for adult trip to Niagara Falls is tomorrow!	4 Breastfeeding Week Celebration 10am – 12pm @ NFN Complex Gym Sisters in Spirit 7pm @ OWL Teen Night 6-10pm @ Library	Art Therapy with Emily 10am-2:30pm @ Health Centre Ages 6-10 years accompanied by parent/guardian
Art Therapy with Emily 10am-2:30pm @ Health Centre Ages 6-10 years accompanied by parent/guardian	7	8 Teen ODR Night 6-8pm @ Outdoor Rink in GV	Diners' Club 11am – 1pm @ NFN Complex Gym Craft Night 6pm – 8pm @ GV Library Thanksgiving	10 Drum Social 6pm – 8pm @ Outdoor Rink, GV	Federal Election Advance Poll 9:00am – 9:00pm Garden Village only See voter info card for where to vote on election day	Federal Election Advance Poll 9:00am – 9:00pm Garden Village only
Federal Election Advance Poll 9:00am – 9:00pm Garden Village only	Sotul CLOSED Thanksgiving All NFN Offices & Landfill Clased	Council Meeting 7:30pm in Duchesnay	Teen Cooking 6-8pm @ NFN Complex Kitchen Craft Night 6pm – 8pm @ GV Library Hallowe'en	17	Adult Overnight Trip Niagara Falls Depart GV 6:30am Mukluk Making Workshop in GV 10am – 4pm Culture Centre, GV Oct 18, 19 & 20	Adult Overnight Trip Niagara Falls 2pm departure Mukluk Making Workshop in GV 10am – 4pm Culture Centre, GV
20 Mukluk Making Workshop in GV 10am – 4pm Culture Centre, GV	PD Day trip to Leisure Farms 9am – 3pm More info to come Federal Election 9:30am - 9:30pm Garden Village, Jocko Point, Duchesnay	22	23 Gtigewin Garden Feast Noon – 1pm @ GV Gym Pumpkin Carving 6pm – 9pm @ NFN Complex Gym	24	Mukluk Making Workshop in DV 10am – 4pm Nbisiing School Oct 25, 26 & 27 Pumpkin Inferno Leave GV @5:30pm	Hallowe'en Party All Ages – 5-9pm NFN Complex Gym Please bring a donation for the NFN Food Bank.
Mukluk Making Workshop in DV 10am – 4pm Nbisiing School	28	29	30 Teen Craft Night 6pm – 8pm @ GV Library	HAPPY HALLOWEEN		



Contact Us

36 Semo Road Garden Village ON P2B 3K2 TEL: (705) 753-2050 FAX: (705) 753-0207 WEB: www.nfn.ca