

FOOD BANK ORDER FORM – JANUARY 6 & 20, 2021

DEADLINE IS TUESDAY AT 4:30PM BEFORE THE ACCESS DAY

Email: foodbank@nfn.ca
Phone/Text: 705-753-6972

Full Name:	Band Number:
Home Address:	
Phone Number:	FOOD BANK CLIENT <input type="checkbox"/>
<p><u>Source of Income</u></p> <p>Ontario Works (OW)</p> <p>Ontario Disability Support Payments (ODSP)</p> <p>Old Age Security (OAS)</p> <p>Low Income Please specify:</p> <p>_____</p> <p>Delivery only</p>	<p>Number of people in household: _____</p> <p><input type="checkbox"/> Adults <input type="checkbox"/> Children <input type="checkbox"/> Infant & Age _____</p> <p>Full names of people in the home:</p> <p>_____</p> <p>_____</p> <p>_____</p> <p>_____</p> <p>_____</p>

Food Bank clients are limited to ordering once per month

EMERGENCIES ARE AVAILABLE UP TO 6 TIMES PER YEAR

~If you are not a current Food bank client and would like to see if you qualify, please call the number above~

Good Food Box

Mixed
Fruit

Milk Coupon

Personal Care

Bar soap

Feminine Products

Choose 1

Tampons
Feminine pads

Cleaning

Dish soap
All-purpose
Spray
Laundry Soap

Beverages

Coffee

Choose 1

Brew coffee
Instant coffee
Tea
Canned milk
Coffee whitener
Apple juice

Breakfast

Choose 1

Oatmeal
Pancake Mix
Shreddies

Sauces & Condiments

Ketchup
Mustard
Peanut butter
Regular jam
No Sugar jam
Light syrup

Canned Goods

Vegetable soup
Chicken noodle soup
Mushroom Soup
Tomato Soup
Kernel corn
Creamed corn
Peas
Canned Potatoes
Baked Beans
Diced tomatoes
Pasta sauce

Paper Products

Toilet tissue

Dry Goods

Lipton Chicken Noodle Soup
Hamburger Helper
Kraft Dinner
Ramen Noodles

Baking

Flour
Sugar
Splenda

Rice

Long Grain Rice

Pasta

Choose 1

Elbows
Spaghetti

Soup Broth

Choose 1

Chicken broth
Beef broth

Crackers & Snacks

Soda Crackers
Digestive cookies
Granola bars

Bread

Choose 1

White
Brown

Refrigerated

Eggs
Cheese slices
Margarine

Frozen Meat

Ground beef

Sandwich Meat

Bologna

Baby/Child

Baby food
Rice cereal
Juice Boxes
Applesauce Cups
Chocolate pudding
Rice Krispy
Squares

Diapers

Size _____

Pull-Ups

Size _____

Temp/Limited

Vinegar
Baking Soda
Soya sauce
Honey O's
Baking Powder
Salt
Pepper
Instant rice
All Bran
Canned mushrooms
Tomato Paste
Chocolate chips
Triscuits
White wine vinegar
Ranch dressing